

Question of the week:

Would you want the ability to hear the thoughts of people near you if you couldn't turn the ability off?

Start talking:

READ THE WEEKLY VERSES AND DISCUSS THE QUESTIONS TOGETHER

As we begin this new series, "The Invisible War," what are your expectations?

Let us strip off every weight that slows us down, especially the sin that so easily trips us up.

Hebrews 12:1b NLT

- What weights (burdens) or sins in your life do you feel are slowing you down?
- How do we overcome the sin that "so easily trips us up?"

Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne.

Hebrews 12:2b NLT

And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus. **Ephesians 2:6 NIV**

- What do you think of this verse? How does it feel to know that Jesus went to the cross and died for you, just because the thought of you gave him so much joy?
- Jesus is seated in honor beside God's throne and in Ephesians 2:6 it states that those who have committed their lives to Jesus are also seated with Christ. What do you think of the honor that God has for Jesus and also gives to us?

Going deeper:

TAKE A FEW MOMENTS TO BE QUIET BEFORE GOD AND ASK THE HOLY SPIRIT TO SPEAK TO YOU.

Read Philippians 2:5-11 slowly at least 2 or 3 times until a word or phrase seems to be highlighted or "jumps off the page."

Share with the group what you believe God is saying through the word or phrase that stands out to you.

Spend time, either individually or all together, turning those highlighted phrases or words into prayers back to God.