

Welcome to **Living In The Goodness Of God!** Please feel free to adjust this study to fit your group's needs and to follow the direction of the Holy Spirit. It's not necessary to get through or use all of the questions.

## Ice Breaker

What is your favorite season of the year? Why?

## Message Clip

BEGIN WITH PRAYER THEN WATCH THE WEEKLY MESSAGE CLIP

- What stands out to you from this clip?
- How does this apply to your life?

## Biblical Focus

READ THE WEEKLY VERSES TOGETHER

*Even though I walk through the valley of the shadow of death,  
I will fear no evil, for you are with me.*

Psalm 23:4A (ESV)

*Now toward midnight, Paul and Silas praying, were singing praises to God. And the prisoners were listening to them. Suddenly a strong earthquake shook the foundations of the prison. At once all the doors flew open, and everyone's chains came loose.*

Acts 16:25-26 (BLB, BSB)

## Discussion Questions

- Valleys serve as a metaphor for the low places in our lives; the difficult times. Valleys have three things in common: 1) valleys are a part of life; 2) they happen to everyone; and 3) they are unpredictable. Valleys can be dark and full of despair, but we can take heart knowing God is there with us. What are some practical ways that you press into God in the middle of a valley?
- When was the last time you experienced a valley in life? Share how God turned that valley into something beautiful.

## Discussion Questions *(CONTINUED)*

- When you turn your back on a shadow, what do you see? How can we learn to turn our backs on the shadows in our lives and focus on the presence of the shepherd?
- What are some ways that you offer hope to a friend, family member, neighbor, or anyone else that is experiencing the valley today?

## Prayer Focus

TAKE PRAYER REQUESTS!

Ask the group to share prayer requests. After requests are shared, follow one of the following two options . . .

**Option A:** If most of your group is comfortable with praying out loud, split into groups of two or three and have them pray for each other individually.

**Option B:** If the majority of your group is not yet comfortable with praying out loud, simply lead the entire group in praying over each request. Don't hurry! Let the Holy Spirit move and speak in His timing!

**(PRAYER TIP: Ask what people experienced during the prayer time. If they received a mental picture, word, or feeling during prayer, many times that is God! Encourage others to share what they experience.)**

## Want More?

**Either in your LifeGroup OR on your own during the week, spend time with Jesus by doing the following exercise:**

**Step 1)** Read Psalm 91:15-16 slowly at least 2 or 3 times until a word, or a phrase seems to be highlighted or "jumps off the page." This is God's promise to use when we are in the valley!

*"When he calls to me, I will answer him; I will be with him in trouble;  
I will rescue him and honor him. With long life I will satisfy him  
and show him my salvation."*

Psalm 91:15-16 (ESV)

**Step 2)** What word or phrase is God highlighting to you?

**Step 2)** Spend time turning those highlighted phrases or words into prayers back to God.