

For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

2 Corinthians 10:3-5 NIV

Why I Need To Think About What I Think About

1. My thoughts control my life but I control my thoughts.

Be careful what you think, because your thoughts run your life.
Proverbs 4:23 NCV

Your life is shaped by your thoughts.
Proverbs 4:23b GNT

2. Any change I want in my life must start in my mind.

Do not conform yourselves to the standards of this world, but let God transform you inwardly by a complete change of your mind.

Romans 12:2a GNT

“You’re blessed when you get your inside world—your mind and heart—put right. Then you can see God in the outside world.”

Matthew 5:8 MSG

3. I can change the way I feel by changing the way I think.

David: Here in exile my heart is breaking, and so I turn my thoughts to God.

Psalms 42:6a GNT

Jonah: As my life was slipping away, I remembered the LORD. And my earnest prayer went out to you in your holy Temple.

Jonah 2:7 NLT

THINK → FEEL → ACT

4. Every behavior is based on a belief.

Now the Lord of All says, “Think about your ways!”
Haggai 1:5 NLV

A foolish person will believe anything. But a wise person thinks about what he does.

Proverbs 14:15 ICB

METANOIA = TO CHANGE YOUR MIND

Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.

Acts 3:19 NIV

Weekend Music:

Your Love Awakens Me (Phil Wickham) • You Deserve It All (Josh Baldwin)
Yes And Amen (Housefires)