

Question of the week:

If you had to teach a class on one thing, what would you teach?

Start talking:

READ THE WEEKLY VERSES AND DISCUSS THE QUESTIONS TOGETHER

So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today.

Matthew 6:31-34 NLT

- What stands out to you from this passage?
- In the midst of the COVID-19 Crisis, what worries have been trying to dominate your mind?
- What do you think God's perspective is regarding that worry you've been battling?
- What does it look like to "seek the Kingdom of God above all else" during this time?
- What are some action steps you can take to live "one day at a time" this week?

Diving deeper:

AS A GROUP, TAKE TIME TO PRAY OVER THE FOLLOWING TOPICS:

Tip: If your group would benefit from structure, try setting a timer of 2 minutes for each topic.

- 1.** Pray for the sick and the worried, that God would bring healing and peace.
- 2.** Pray for healthcare workers, that God would strengthen them and give them wisdom.
- 3.** Pray for the unemployed and financially hurting, that God would provide.