

Let your lives overflow with joy and thanksgiving for all he has done.

**Colossians 2:7b TLB**

## HOW TO GROW A GRATEFUL HEART:

### 1. Remember God is good.

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.

**James 1:17 NIV**

Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, yet I will rejoice in the LORD, I will be joyful in God my Savior.

**Habakkuk 3:17-18 NIV**

### 2. Enjoy what I already have.

It is a gift from God to be able to eat and drink and experience the good that comes from every kind of hard work.

**Ecclesiastes 3:13 GW**

Enjoy what you have rather than desiring what you don't have.

**Ecclesiastes 6:9a NLT**

I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.

**Philippians 4:12b NIV**

### 3. Turn every blessing into Thanksgiving.

I will praise you as long as I live, and in your name I will lift up my hands. I will be fully satisfied as with the richest of foods; with singing lips my mouth will praise you.

**Psalms 63:4-5 NIV**

How can I repay the LORD for all the good that he has done for me?

**Psalms 116:12 GW**

Give an offering to show thanks to God. Give God Most High what you have promised.

**Psalms 50:14 NCV**

Celebrate the Harvest Festival, to honor the LORD your God, by bringing him a freewill offering in proportion to the blessing he has given you. Be joyful in the LORD'S presence.

**Deuteronomy 16:10b-11a GNT**

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#### Weekend Music:

You and You Alone (UPPERROOM) • Shout to the Lord (Bethel Music)  
The Blood (Bethel Music) • We Fall Down (Chris Tomlin)