

Starting Strong

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Spend your time and energy in the exercise of keeping spiritually fit. Bodily exercise is all right, but spiritual exercise is much more important...So exercise yourself spiritually, and practice being a better Christian because that will help you not only now in this life, but in the next life too.

1 Timothy 4:7b-8 TLB

To Start Strong . . .

1. Renew my strength through worship.

Those who hope in the LORD will renew their strength. They will soar on wings like eagles.

Isaiah 40:31a NIV

2. Deepen my peace of mind through prayer.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:6-7 NIV

3. Expand my perspective through Bible study.

Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."

John 8:31b-32 NIV

4. Increase my joy through sharing my faith.

Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect.

1 Peter 3:15b NIV

5. Practice my love through giving.

You are rich in everything—in faith, in speaking, in knowledge, in truly wanting to help, and in the love you learned from us. In the same way, be strong also in the grace of giving.

2 Corinthians 8:7 NCV

6. Develop my talents through serving.

Whatever you do, work at it with all your heart, as working for the Lord.

Colossians 3:23a NIV

God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another.

1 Peter 4:10 NLT

7. Stretch my faith through risk taking.

"Everything is possible for the one who believes."

Mark 9:23b NIV

"According to your faith let it be done to you."

Matthew 9:29b NIV

Next Week New Message Series: **TIME TO DREAM!**

Weekend Music:

New Doxology (Thomas Miller) • Enter the Gates (Bryan Torwalt)
You Deserve It All (Josh Baldwin)