

Welcome to **Living In The Goodness Of God!** Please feel free to adjust this study to fit your group's needs and to follow the direction of the Holy Spirit. It's not necessary to get through or use all of the questions.

Ice Breaker

What is your favorite song of all time?

Message Clip

BEGIN WITH PRAYER THEN WATCH THE WEEKLY MESSAGE CLIP

- What stands out to you from this clip?
- How does this apply to your life?

Biblical Focus

READ THE WEEKLY VERSES TOGETHER

The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, He restores my soul.
Psalm 23:1-3A (NIV)

But he was wounded for our rebellion, crushed for our sins. He was beaten and took our punishment so we could be whole. And through his wounds, our wounds are healed. All of us have strayed like sheep. We have left God's paths to follow our own. Yet the Lord laid on him the guilt and sins of us all.
Isaiah 53:5-6

Discussion Questions

- In what ways does Psalm 23:1-3A indicate that the Lord gives us rest, refreshment, and restoration?
- Biblically, we have a body, spirit, and soul. Our soul is the part of us that thinks, chooses and feels – in other words, our mind, will, and emotions. In this broken world, we may face mental, financial, and emotional brokenness. How can we apply the promises in Psalm 23:1-3 to our lives – including body, spirit, and soul?

Discussion Questions *(CONTINUED)*

- What does the passage from Isaiah say about how we are healed?
- What part does your own acceptance of his healing play in your faith and in your life?
- Who is somebody in your life who needs God's refreshing touch? Write down their name and make a commitment to pray for them every day this week.

Prayer Focus

TAKE PRAYER REQUESTS!

Ask the group to share prayer requests. After requests are shared, follow one of the following two options . . .

Option A: If most of your group is comfortable with praying out loud, split into groups of two or three and have them pray for each other individually.

Option B: If the majority of your group is not yet comfortable with praying out loud, simply lead the entire group in praying over each request. Don't hurry! Let the Holy Spirit move and speak in His timing!

(PRAYER TIP: Ask what people experienced during the prayer time. If they received a mental picture, word, or feeling during prayer, many times that is God! Encourage others to share what they experience.)

Want More?

Either in your LifeGroup OR on your own during the week, spend time with Jesus by doing the following exercise:

Step 1) Read Isaiah 53: 3-4 slowly at least 2 or 3 times until a word or a phrase seems to be highlighted or "jumps off the page."

He was despised and rejected— a man of sorrows, acquainted with deepest grief. We turned our backs on him and looked the other way. He was despised, and we did not care. Yet it was our weaknesses he carried; it was our sorrows that weighed him down.
Isaiah 53:3-4A (NLT)

Step 2) What word or phrase is God highlighting to you?

Step 3) Spend time, either individually or all together, turning those highlighted phrases or words into prayers back to God.