
Mental Health

March 13, 2022

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Be careful how you think; your life is shaped by your thoughts.

Proverbs 4:23 GNT

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Romans 12:2 NLT

Cast all your anxiety on him because he cares for you.

1 Peter 5:7 NIV

A Monster Mindset Chooses . . .

1. A Daily Diet Of Truth.

There is no condemnation for those who belong to Christ Jesus. The law of Moses was unable to save us because of the weakness of our sinful nature. So God did what the law could not do. He sent his own Son in a body like the bodies we sinners have. And in that body God declared an end to sin's control over us by giving his Son as a sacrifice for our sins.

Romans 8:1,3 NLT

"People do not live by bread alone, but by every word that comes from the mouth of God."

Matthew 4:4b NLT

2. Daily Resting From Sin.

So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.

Romans 8:6 NLT

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

2 Corinthians 10:5 NIV

3. Daily Exercising Godly Thoughts.

Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

Matthew 22:37 KJV

Don't just think about your own affairs, but be interested in others, too, and in what they are doing.

Philippians 2:4 TLB

Let heaven fill your thoughts; don't spend your time worrying about things down here.

Colossians 3:2 TLB

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

1 Peter 5:8 NIV

Weekend Music:

I Thank God (Maverick City Music) • Hosanna (Hillsong Worship)
None Like You (Dante Bowe) • Champion (Bethel Music)