

Healthy

Relational Health

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Let us be concerned for one another, to help one another to show love and to do good. Let us not give up the habit of meeting together. Hebrews 10:24-25a GNT

To Become A Relationally Healthy Person . . .

1. Share My Thoughts & Feelings.

Love from the center of who you are; don't fake it. **Romans 12:9a MSG**

Reliable communication permits progress. Proverbs 13:17b TLB

2. Encourage Personal Growth.

I want us to help each other with the faith we have. Your faith will help me, and my faith will help you. **Romans 1:12b NCV**

Let us consider how we may spur one another on toward love and good deeds. **Hebrews 10:24 NIV**

3. Respect Our Differences.

Believers shouldn't curse anyone or be quarrelsome, but they should be gentle and show courtesy to everyone. **Titus 3:2 GW**

Be devoted to each other like a loving family. Excel in showing respect for each other. **Romans 12:10 GW**

4. Support Each Other.

As holy people whom God has chosen and loved, be sympathetic, kind, humble, gentle, and patient. **Colossians 3:12 GW**

We must bear the "burden" of being considerate of the doubts and fears of others . . . **Romans 15:2b TLB**

5. Speak The Truth In Love.

Speaking the truth in a spirit of love . . . **Ephesians 4:15b GNT**

An honest answer is a sign of true friendship. **Proverbs 24:26 GNT**

Thoughtless words can wound as deeply as any sword, but wisely spoken words can heal. **Proverbs 12:18 GNT**

6. Forgive When I'm Hurt.

Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. **Colossians 3:13 NLT**

[Love] keeps no record of wrongs. **1 Corinthians 13:5b NIV**

Where God's love is, there is no fear, because God's perfect love drives out fear. **1 John 4:18a NCV**