

Time to Rebuild

Step One

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"The wall of Jerusalem has been torn down, and the gates have been destroyed by fire. When I heard this, I sat down and wept. In fact, for days I **mourned**, **fasted**, and **prayed** to the God of heaven."

Nehemiah 1:3b-4 NLT

Step One in Rebuilding . . .

1. Express your hart to God.

"God blesses those who mourn, for they will be comforted." **Matthew 5:4 NLT**

"When doubts filled my mind, your comfort gave me renewed hope and cheer."

Psalm 94:19 NLT

"Weeping may last through the night, but joy comes with the morning."

Psalm 30:5b NLT

2. Focus your heart on God.

"So I gave my attention to the Lord God to seek Him by prayer and pleading, with fasting."

Daniel 9:3a NASB

"Now set your heart and your soul to seek the LORD your God."

1 Chronicles 22:19a NKJV

3. Ask for help from God.

"LORD, my Rock, I call out to you for help." **Psalm 28:1a NCV**

"Then I said: 'LORD, God of heaven, the great and awesome God."

Nehemiah 1:5a NIV

"Please remember the promise you made to Moses.

Nehemiah 1:8a CEV

"'O Lord, let your ear be attentive to the prayer of this your servant and to the prayer of your servants who delight in revering your name. Give your servant success today by granting him favor.

Nehemiah 1:11a NIV

NEXT STEPS FOR PERSONAL REVITALIZATION

- 1. Begin a relationship with Jesus
- 2. Baptism
- 3. Life Group
- 4. Belief Course