

Recalibrate

### The Balanced Life

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Be sober [well balanced and self-disciplined], be alert and cautious at all times. That enemy of yours, the devil, prowls around like a roaring lion [fiercely hungry], seeking someone to devour. **1 Peter 5:8 AMP** 

Whoever fears God will avoid all extremes. **Ecclesiastes 7:18b NIV** 

# The O.R.D.E.R of Balance is . . .

# Obeying God.

"Love the Lord your God with all your heart and with all your soul and with all your mind." This is the first and greatest commandment. And the second is like it: "Love your neighbor as yourself." Matthew 22:37-39 NIV

Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain. **1 Corinthians 15:58b NIV** 

## Resting well.

[Jesus said to his disciples] "Let us go off by ourselves where we will be alone and you can rest for awhile." Mark 6:31b GNT

[God] will give you all you need from day to day if you will make the Kingdom of God your primary concern. **Matthew 6:33 NLT** 

# Dividing <u>my days</u>.

I trust in you, O Lord; I say, "You are my God." My times are in your hands. **Psalm 31:14-15a NIV** 

There is a time for everything, and a season for every activity under the heavens. **Ecclesiastes 3:1 NIV** 

## Evaluating <u>my effort</u>.

Whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him. **Colossians 3:17 NIV** 

Whatever you do, do it heartily, as to the Lord and not for men.

#### Colossians 3:23 ESV

If anyone would come after me, let him deny himself and take up his cross and follow me. **Matthew 16:24b ESV** 

## Reviewing <u>regularly</u>.

Be not overly righteous, and do not make yourself too wise. Why should you destroy yourself? Be not overly wicked, neither be a fool. Why should you die before your time?

#### Ecclesiastes 7:16-17 ESV

Search me, O God, and know my heart; test me and know my concerns. See if there is any offensive way in me; lead me in the way everlasting. **Psalm 139:23-24 BSB**