

Return to Church

The Mystery of Spiritual Growth

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We are not meant to remain as children at the mercy of every chance wind of teaching . . . But we are meant to hold firmly to the truth in love, and to grow up in every way into Christ, the head.

Ephesians 4:14a-15 PHILLIPS

How Do I Grow Spiritually?

1. Spiritual Growth is incarnational.

Don't you know that you yourselves are God's temple and that God's Spirit lives in you?

1 Corinthians 3:16 NIV

(It's) . . . a life renewed from the inside and working itself into your conduct as God accurately reproduces his character in you.

Ephesians 4:24b MSG

2. Spiritual Growth is intentional.

Whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.

James 1:25b NIV

3. Spiritual Growth is incremental.

Our lives (are) gradually becoming brighter and more beautiful as God enters our lives and we become like him.

2 Corinthians 3:18b MSG

4. Spiritual Growth is habitual.

Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage one another all the more.

Hebrews 10:25a GNT

5. Spiritual Growth is relational.

He (God) makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love. **Ephesians 4:16 NLT**

Marks of a spiritually mature person:

- Know Jesus by completely trusting in Him and loving His church.
- Grow spiritually through reflective Bible reading, prayer, and community.
- Give their time, energy, and money as an act worship to God.
- Reproduce the life of Jesus in others by sharing the gospel.