

Revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have . . .

1 Peter 3:15b NIV

Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?

Matthew 6:25 NIV

I Defeat the Mind Killers When I...

1. Thoughtfully fill my mind with truth.

Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?

Matthew 6:26 NIV

We know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.

Romans 8:28 NLT

2. Tangibly release my anxious thoughts.

Cast all your anxiety on him because he cares for you.

1 Peter 5:7 NIV

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Philippians 4:6 NIV

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

Romans 15:13 NIV

3. Tell my fear that I have faith.

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

Matthew 6:33 NLT

I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.

Philippians 1:6 NLT

No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.

Romans 8:39 NLT

Weekend Music:

Praise the Lord (Gateway Worship) • You're Worthy Of My Praise (David Ruis)
Worthy of it All (David Brymer) • Nothing But the Blood (Matt Redman)