

Jesus' Temptation - My Temptation

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[Jesus] has been tempted in every way, just as we are – yet He did not sin.

Hebrews 4:15 NIV

Jesus was and I will be tempted in 3 ways:

1. Body 2. Emotions 3. Worship

Because he himself suffered when he was tempted, He is able to help those who are being tempted.

Hebrews 2:18 NIV

I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.

Galatians 5:16 NKJV

God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.

1 Corinthians 10:13 NLT

Christ in Me Empowers Me To . . .

1. Rule my desires.

After fasting forty days and forty nights, he was hungry.

Matthew 4:2 ESV

[Jesus] “Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”

Matthew 26:41 NIV

2. Wield my Bible.

But he answered, “It is written, “Man shall not live by bread alone, but by every word that comes from the mouth of God.”

Matthew 4:4 ESV

I have hidden your word in my heart that I might not sin against you.

Psalms 119:11 NIV

3. Guard my throne.

Then Jesus said to [the devil], “Be gone, Satan! For it is written, “You shall worship the Lord your God and him only shall you serve.”

Matthew 4:10 ESV

Guard your heart above all else, for it determines the course of your life.

Proverbs 4:23 NLT

4. Persevere my surroundings.

And remember, when you are being tempted, do not say, “God is tempting me.” . . . Temptation comes from our own desires, which entice us and drag us away.

James 1:13a,14 NLT

Two are better off than one, because together...if one of them falls down, the other can help him up. But if someone is alone and falls...there is no one to help him.

Ecclesiastes 4:9a-10 GNT

Weekend Music:

Raise A Hallelujah (Bethel Music) • This I Believe (Hillsong Worship)
Do It Again (Elevation Worship)