

Because He Lives
Week 4: We Can Have Joy
Psalm 30:1-12

*“A merry heart does good, like medicine, But a broken spirit dries the bones.” **Proverbs 17:22***

*“Then he said to them, “Go your way, eat the fat, drink the sweet, and send portions to those for whom nothing is prepared; for this day is holy to our Lord. Do not sorrow, for the joy of the Lord is your strength.” **Nehemiah 8:10***

1- God will lift your head. (vs1-3)

*“I waited patiently for the Lord; And He inclined to me, And heard my cry. He also brought me up out of a horrible pit, Out of the miry clay, And set my feet upon a rock, And established my steps. He has put a new song in my mouth— Praise to our God; Many will see it and fear, And will trust in the Lord.” **Psalm 40:1-3***

*“But You, O Lord, are a shield for me, My glory and the One who lifts up my head.I cried to the Lord with my voice, And He heard me from His holy hill. Selah” **Psalm 3:3-4***

2- God will give you grace. (vs4-10)

*“Therefore the Lord will wait, that He may be gracious to you; And therefore He will be exalted, that He may have mercy on you. For the Lord is a God of justice; Blessed are all those who wait for Him.” **Isaiah 30:18***

3- God will makeover your life. (vs11-12)