

**Week 5: The Internal Struggle**  
**Bootcamp to Battlefield: The Reality of Spiritual Warfare**  
Romans 7:15-25

*“And you He made alive, who were dead in trespasses and sins, in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others.” **Ephesians 2:1-3***

**1- We face a continuous conflicting battle.** (vs15-17)

*“But each one is tempted when he is drawn away by his own desires and enticed. Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death.”  
James 1:14-15*

**2- We fight a frustrating battle.** (vs18-23)

*“I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.” **Galatians 5:16***

**3- We find an encouraging answer.** (vs24-25)

*“If You, Lord, should mark iniquities, O Lord, who could stand? But there is forgiveness with You, That You may be feared.” **Psalms 130:3-4***

*“There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit. For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.” **Romans 8:1-2***

**\*\*\*For John Reed- Key Verse: Romans 7:15-25**