



YOKED TO JESUS

Matthew 11:28-30

“Come to Me, all who are weary and burdened, and I will give you rest.

Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and **you will find rest for your souls.**

For My yoke is easy, and My burden is light.”



'COME TO ME.....'







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JEREMIAH 6:16

“Stand at the crossroads and look;
ask for the ancient paths,
ask where the good way is, and walk in it,
and you will find rest for your souls.
But you said, ‘We will not walk in it.’

“You have made us for yourself, O Lord, and our hearts are restless until they find rest in you.”

(St Augustine of Hippo, Confessions, 1,1.5 written 397-400 AD)



.....my yoke is easy.....

Greek word for 'easy' is 'chrestos'

- Good
- Kind
- Comfortable
- Pleasant
- Suitable

Matthew 11:28-30

“Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest. Walk with me and work with me—watch how I do it.

Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep company with me and you’ll learn to live freely and lightly.”