

## March 16, 2025

## Biblical Strategy 1: Authentic Pursuit of Holiness

**Ephesians 4:17-32** 

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**Measure**: Your desires are measured by your thoughts. Take 10 minutes each morning to order your thoughts on the things of God. Write down your negative thoughts and begin replacing them with new thoughts from Scripture.

**Measure**: What specific behavior do you need to lay aside? (Start with just 1) Write down the new behavior you wish to enact. Pray for God to reset your mind so that you honor the Holy Spirit living in you.

**Measure**: Record the number of times you sense bitterness in your heart. God's grace is sufficient. If you have trusted in Christ and repented from your sins, then you need to receive God's forgiveness. Ask God to change your disposition and reflect upon His mercy.