

# LIFE GROUP DISCUSSION QUESTIONS

## **1 Corinthians 8-10: Living Free and Loving Well**

**Sermon:** 1 Corinthians 10:1-22

**Date:** Sunday, February 8, 2026

1. **Israel had incredible spiritual experiences and blessings, yet still fell into idolatry (vv.1-12).** Where do you see the danger of spiritual overconfidence or subtle drift in your own life today?
2. **Paul says these stories were written (verse 6) "as examples for us."** Which of Israel's four sins (*idolatry, sexual immorality, testing God, or grumbling*) feels most relevant in your own journey—and why?
3. **In verse 13, Paul promises God will always provide a way out of temptation.** Can you share a time when you clearly saw God provide an "escape route"? What helped—or hindered—you from taking it?
4. **Idolatry is often taking a good thing and making it the ultimate thing.** What is one good thing in your life that, if you're honest, sometimes competes with your love for Christ?

5. **Paul says you cannot feast at two tables (vv.14-22).** What “table” in our culture most competes with devotion to Christ today, and how do you personally feel its pull?
6. How can you implement the three recommended practices (*flee, forgo, and fight*) to continue to pursue the set-apart life the Word of God is calling us to in this passage? Share how you are doing this in your daily life?

