

LIFE GROUP DISCUSSION QUESTIONS

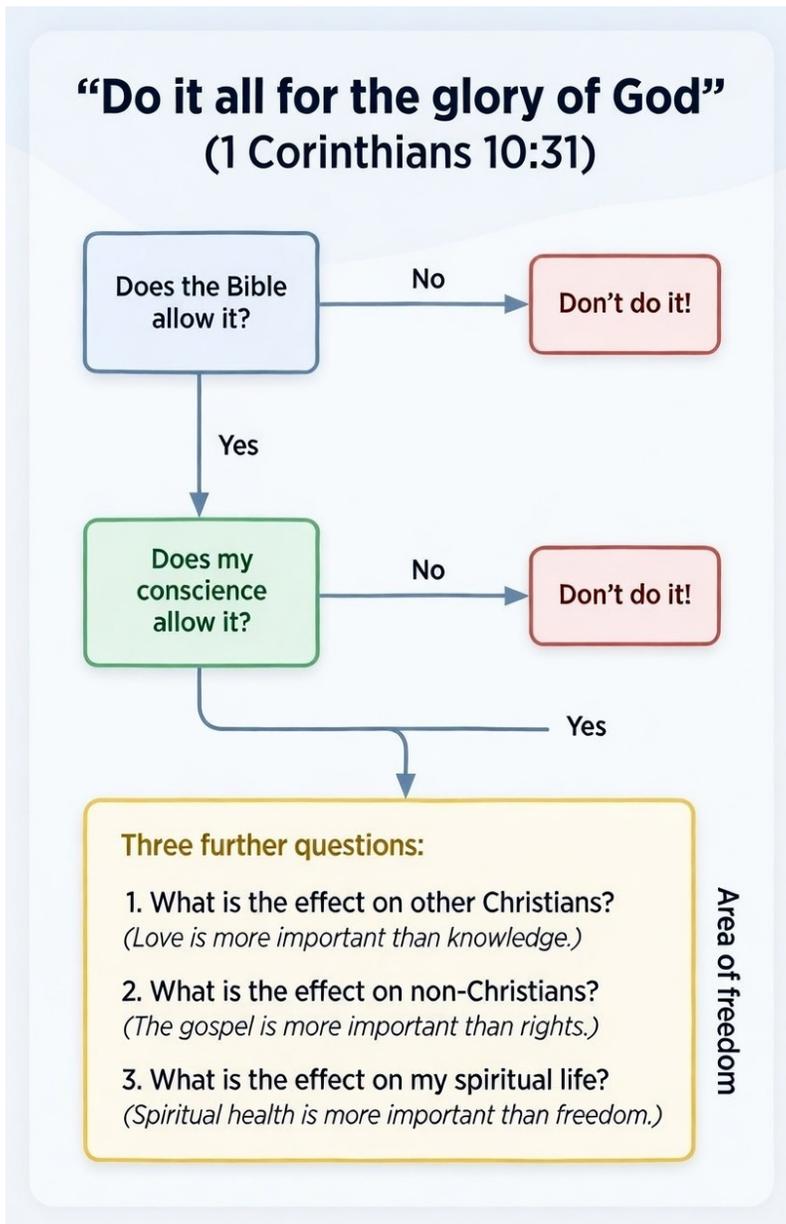
1 Corinthians 8-10: Living Free and Loving Well

Sermon: 1 Corinthians 10:23-11:1

Date: Sunday, February 15, 2026

1. *Read 1 Corinthians 10:23-30.* How does Paul's teaching about surrendering our rights for the sake of others challenge the cultural emphasis on personal freedom and individual rights we experience today?
2. Pastor Ricky used taking a Yoga or stretching class as a modern example that might parallel vv.25-28. What are other contemporary situations that might also parallel the meat sacrificed to idols issue? How can we be in the world, engaging missionally, while still being set apart?
3. *Read 1 Corinthians 10:31-11:1.* What does it practically mean to "do all to the glory of God" in your daily life—at work, at home, in relationships?
4. Paul invites believers to imitate him as he imitates Christ (1 Corinthians 11:1). Who has modeled a Christlike life for you, and how has their example shaped your walk with Jesus? Is there someone God has put on your heart to disciple and model following Jesus for? (*Note: Following Jesus isn't about flawless lives, but faithful direction—marked by grace, repentance, and dependence on Christ.*)

5. Looking at this flow chart, think of a real-life decision that falls into an “area of freedom” for you. How would walking through these questions change the way you think about or approach that decision?



•Which of the three final questions do you find hardest to slow down and honestly consider—and why?

•How might using this kind of framework help foster unity in the church when there are disagreements in areas of freedom?