

# LIFE GROUP DISCUSSION QUESTIONS

## **1 Corinthians 8-10: Living Free and Loving Well**

**Sermon:** 1 Corinthians 8

**Date:** Sunday, January 11, 2026

1. Paul opens with a contrast of knowledge that puffs up and love that builds up. How does knowledge without love puff us up? What are practical ways we can use our knowledge, in love, to build others up?
  
2. In what ways have you seen Christians use theological knowledge as a weapon rather than a tool for building up others, and how can we guard against doing this ourselves?
  
3. Have you ever been in a situation where you were the "weaker" Christian struggling with something others found easy? How did more mature believers respond to you? How did their response affect your faith journey?
  - On the flip side, have you ever been the "stronger" Christian who exercised your freedom in a way that may have hurt or confused someone else? What was the outcome?

4. Pastor Jared mentioned five ways to fight against getting "puffed up" in our faith. Which of these resonates most with you? Why?
- *Win over people not arguments*
  - *Learn people's stories*
  - *Let God's Word first confront your own heart, before using it to correct others*
  - *Receive the gospel daily as grace not achievement*
  - *Stay close to the cross*
5. The meat sacrificed to idols Paul was addressing in our passage was a morally neutral issue. What are some contemporary issues in the church or culture where Christians might need to lay down their rights for the sake of others?
6. Pastor Jared said, "Biblical love never asks us to stop telling the truth, and biblical truth never allows us to stop loving people." How do we practically maintain this balance in our relationships?
7. Read Philippians 2:4-11. How does Jesus demonstrate perfectly what it means to lay down one's rights for the sake of others?