



NEXT SESSION 3

TALKING TO GOD IN PRAYER

Talking with God

"Be devoted to one another in brotherly love; give preference to one another in honor; not lagging behind in diligence, fervent in spirit, serving the Lord; rejoicing in hope, persevering in tribulation, devoted to prayer," Romans 12:10-12 (NASB)

"Base your happiness on your hope in Christ. When trials come, endure them patiently; steadfastly maintain THE HABIT OF PRAYER." Romans 12:12 (Ph)

HOW TO APPROACH YOUR PRAYER LIFE

1. APPROACH PRAYER WITH THE RIGHT ATTITUDE.

(Matthew 6:5-8)

•BE _____

"When you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by men." (v. 5) (NASB)

Don't try to _____ Don't try to _____
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•BE _____

"But when you pray go into your room, close the door and pray to your Father who is unseen. Then your Father, who sees what is done in secret, will reward you." (v.6) (NIV)

•BE _____

"Don't recite the same prayer over and over as the heathen do, who think prayers are answered only by repeating them again and again. Remember, you Father knows exactly what you need before you ask Him! (v. 7-8 LB)

2. USE THE MODEL THAT JESUS GAVE US

Matthew 6:9-15 "This, then, is HOW you should pray..."

THE SIX PARTS OF PRAYER

1. PRAISE: I BEGIN BY _____

"Our Father in heaven, hallowed be your name..."

TWO KINDS OF PRAISE:

- "ADORATION" - Praising God for who He is.
- "THANKSGIVING"- Praising God for what He has done.

"Enter into his gates with thanksgiving, and into his courts with praise. Be thankful unto him, and bless his name." Psalm 100:4 (NKJV)

HOW TO PRAISE GOD:

FIRST: As you read your Bible, make a list of God's character qualities that you discover and then review them when you pray. (See Prayer Guide 1)

Examples:

God is patient	Numbers 14:18
God is merciful	Numbers 14:18
God is forgiving	Numbers 14.18
God knows everything	1 Samuel 2:2
God is loving	1 John 4:8

KEY: _____ is the basis for our boldness in making requests in prayer.

God answers prayers that acknowledge who He is!

SECOND: Remind yourself and affirm the promises God has made that are contained in the meaning of His names. (See Prayer Guide 2)

THIRD: Make a list of all that you are thankful for and review them when you pray. (See Prayer Guide 3)

2. PLAN: I COMMIT MYSELF _____

"Your kingdom come, your will be done, on earth as it is in heaven ..."

Pray for God's will to be done in... my family ... my church ... my ministry ... my job ... my future ... my city ... the nation ... the world.

Romans 8:28, Romans 12:1-2, Proverbs 3:5-6

3. PROVISION: I ASK GOD TO _____

"Give us today our daily bread ..."

What needs can I pray about? _____

"God will supply all your needs from his riches in glory because of what Christ Jesus has done for us." Philippians 4:19 (LB)

"Since God did not spare even his own Son for us but gave him up for us, won't He also surely give us everything else?" Rom. 8:32 (KJV)

"You do not have ... because you don't ask God!" James 4:2 (NIV)

THE KEY: _____

Write down your requests, with a promise you are claiming from the Bible, and expect an answer!

(See Prayer Guide 4)

"Don't worry about anything, but in everything, by prayer and petition with thanksgiving, present your requests to God." Philippians 4:6 (NIV)

4. PARDON: I ASK GOD TO _____

"Forgive us our debts ..."

FOUR STEPS TO FORGIVENESS

1. Ask the Holy Spirit _____ every sin

"Examine me, O God, and know my mind; test me, and discover my thoughts. Find out if there is any evil in me". Psalm 139:23-24

2. Confess each sin _____

"He who conceals his transgressions will not prosper, But he who confesses and forsakes them will find compassion." Proverbs 28:13 (NASB)

3. Make _____ to others when necessary.

"Therefore if you are presenting your offering at the altar, and there remember that your brother has something against you, leave your offering there before the

altar and go; first be reconciled to your brother, and then come and present your offering." Matthew 5:23-24 (NASB)

4. By Faith, _____ God's Forgiveness.

"If we confess our sins, he is faithful and just and will forgive us our sins, and purify us from all unrighteousness."

1 John 1:9 (NIV)

5. PEOPLE: I PRAY FOR _____

"... as we have also forgive our debtors."

"Pray much for others; plead for God's mercy upon them; give thanks for all he is going to do for them." 1 Timothy 2:1 (LB)

If you want to know how to pray for others ...

Ephesians 1:15-19, Colossians 1:3-12, 1 Thessalonians 1:2-3, 2
Thessalonians 1:11-12

Make a prayer list of people you want to pray for. You might pray for different people on different days of the week. (See Prayer Guide #5)

6. PROTECTION: I ASK FOR _____

"And lead us not into temptation but deliver us from the evil one." (v. 13)

Believers face a spiritual battle everyday. Satan wants to defeat you through temptation and fear. By praying for protection, you will have the confidence to face every situation during the day.

"You are from God, little children, and have overcome them; because greater is He who is in you than he who is in the world." 1 John 4:4 (NASB)

PRAYER GUIDE 1
CHARACTER TRAITS OF GOD

Faithful

2 Corinthians 1:20

Righteous

2 Timothy 4:8

The Light

John 8:12

PRAYER GUIDE 2 THE NAMES OF GOD

Did you know that God has several names? They are all in the Bible, and each name describes a facet of his character. You can take each of these 8 names and focus individually on what God is really like! Pray the names of God as affirmations of praise!

8 HEBREW NAMES OF GOD - DECLARE WHO GOD IS

**Jehovah-Shammah- "God is Present with me" (Ezekial 48:35)
You are here! I am never alone!**

**Jehovah-Rohi- "God is my Shepherd" (Psalm 23:1)
You lead me and feed me and protect me!**

**Jehovah-Jireh- "God is my Provider" (Genesis 22:14)
You see what I need before I even ask!**

**Jehovah-Rophe- "God is my Healer" (Exodus 15:26)
You can heal my body, emotions, and relationships!**

**Jehovah-Tsidkenu- "God is my Righteousness" (Jeremiah 23:6)
You accept me and forgive me because of Jesus!**

**Jehovah-M'Kiddish- "God is my Sanctification" (Leviticus 20:8)
You make me holy and like Jesus!**

**Jehovah-Shalom- "God is my Peace" (Judges 6:24)
You give me peace in spite of circumstances!**

**Jehovah-Nissi- "God is my Banner" (Exodus 17:15)
You are my victory in conflict and confrontation!**

Think on the implications of these names and you'll have plenty to praise God for!

**PRAYER GUIDE 4
MY PERSONAL REQUESTS**

Date	Request	Promise	Date Answered
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PRAYER GUIDE 5
PEOPLE I'M PRAYING FOR
Family_____

Christian Friends_____

Friends I'd like to see become Christians_____

Spiritual Leaders_____

Government Leaders_____

Others_____

Resources to help:
How To Listen To God Charles Stanley
Prayer Timothy Keller
Celebration of Discipline Richard Foster
How To Pray Ronnie Floyd