

Message Title: What to Avoid in Order to Receive Healing and Deliverance

May 2026 – Theme: The Kingdom Requested and Established (1 Sam 1 – 2)

Theme Scripture: “For Jesus himself testified, that a prophet hath no honour in his own country.” John 4:44 (KJV)

Supporting Texts: Matthew 13:57; Mark 6:4; Luke 4:24; John 4:45

Introduction: The Tragedy of Familiarity and the Barrier to Breakthrough

Throughout Scripture, a striking paradox appears: the very people closest to **Yeshua (Jesus Christ)** often missed their moment of visitation. In *John 4:44*, Jesus reveals a spiritual principle, honor is the doorway to reception, yet familiarity often shuts that door.

In *Matthew 13:57*, the people said, “*Is not this the carpenter’s son?*”, they reduced the divine to the common. In *Mark 6:5*, the consequence is sobering: “*He could there do no mighty work...*” Not because His power diminished, but because their perception limited their reception.

Consider the tension in *John 1:46*: “*Can there any good thing come out of Nazareth?*” This was not a geographical question; it was a **heart posture**.

Insight: What you dishonor, you cannot receive from.

Smith Wigglesworth often declared: “*Only believe.*” Yet belief is not merely mental agreement, it is expressed through honor, humility, and openness.

Insights: The Three Hindrances to Healing and Deliverance

1. Contempt - The Poison of Familiarity

Key Scriptures: John 4:44; Matthew 13:57

Contempt is subtle. It is not always loud rejection; it is quiet dismissal. The people in Jesus’ hometown were not atheists, they were overly familiar.

- “*Is not this the carpenter’s son?*” (Matt. 13:55)
- They saw His history but missed His identity.

Spiritual Diagnosis:

Familiarity breeds dishonor, and dishonor blocks impartation.

Jesus’ Teaching Insight:

In *Luke 4:24–27*, Jesus references Elijah and Elisha, miracles bypassed Israel and reached outsiders because outsiders had **honor and hunger**.

Illustration:

Kathryn Kuhlman emphasized: “*God is not looking for golden vessels, but yielded vessels.*” The familiar heart is rarely yielded.

What Must Change:

You must confront every casual attitude toward God’s presence, Word, and vessels.

2. Criticism - The Voice of Unbelief

Key Scriptures: John 4:45; John 1:46

“*Can anything good come out of Nazareth?*” This question reveals skepticism rooted in prejudice.

Criticism is not discernment; it is a defense mechanism of unbelief.

- The Galileans welcomed Jesus (*John 4:45*), but many still carried internal doubt.
- The Nazarenes questioned His authority rather than receiving His anointing.
- The Jews and the law of sabbath (*John 5:10-13, 15-16*)

Spiritual Principle:

What you constantly question, you will never fully receive.

Jesus’ Pattern:

Where faith was present, miracles flowed (*Mark 5:34*).

Where doubt dominated, miracles were restrained (*Mark 6:5–6*).

Myles Munroe taught: “*Where purpose is not known, abuse is inevitable.*”

Where Christ is not recognized, His power is resisted.

What Decision Must Be Made:

Silence the inner critic and choose faith over familiarity.

3. Closedness - The Pride that Rejects Power

Key Scriptures: Luke 4:28–29; Mark 6:3

When Jesus challenged their mindset, the people became offended:

- “*They were filled with wrath...*” (*Luke 4:28*)
- Offense escalated into rejection.

Closedness is the refusal to receive correction, revelation, or divine interruption.

Spiritual Reality:

Pride says, “I already know.”

Faith says, “Speak, Lord.”

Jesus’ Teaching:

In *Matthew 11:25*, Jesus rejoices that truth is revealed unto “babes” - those with humility.

Eastwood Anaba insightfully states: “*Pride is the enemy of spiritual progress.*”

What Obedience Is Required:

Adopt a posture of humility, repentance, and spiritual openness.

The 5Ws and 1H of Healing and Deliverance

- **Who?** Those who believe, honor, and receive Christ (*Mark 9:23*)
- **What?** Healing (restoration) and deliverance (freedom)
- **When?** Now, God’s power is present (*Luke 5:17*)

- **Where?** Anywhere faith is active, no geographical limitation
- **Why?** To reveal God's glory and compassion (John 9:3)
- **How?** Through faith, honor, humility, and obedience

Conclusion: The Call to Realignment

You cannot remain neutral in a Kingdom reality.

Healing and deliverance are not withheld by God, they are often resisted by human posture.

Avoid:

- **Contempt** → Cultivate honor
- **Criticism** → Embrace faith
- **Closedness** → Walk in humility

Jesus stands ready, but the condition of the heart determines the flow of His power.

7 Prayer Points for Healing and Deliverance

1. Prayer of Repentance

"Create in me a clean heart, O God..." Psalm 51:10

→ Lord, cleanse me from every attitude of dishonor and unbelief.

2. Prayer for Faith Activation

"Lord, I believe; help thou mine unbelief." Mark 9:24

→ Strengthen my faith to receive Your healing power.

3. Prayer Against Familiarity

"Open thou mine eyes..." Psalm 119:18

→ Help me see You rightly, beyond what I think I know.

4. Prayer for Humility

"God resisteth the proud, but giveth grace unto the humble." James 4:6

→ Break every prideful resistance within me.

5. Prayer for Spiritual Sensitivity

"He that hath ears to hear, let him hear." Matthew 11:15

→ Tune my heart to discern Your voice and movement.

6. Prayer for Healing and Deliverance

"By whose stripes ye were healed." 1 Peter 2:24

→ I receive healing and freedom in every area of my life.

7. Prayer of Commitment

"As for me and my house, we will serve the Lord." Joshua 24:15

→ I commit to walking in obedience, honor, and faith.

Final Charge:

Honor unlocks Heaven. Faith activates power. Humility sustains the miracle.