

Middle School

Youth

Reflection Questions

After watching the video, take a few minutes to reflect on these questions.

Thanking God for the Hard Stuff

What are some things you feel like complaining about right now? List it all out. Even the little stuff.

Can you try thanking God for any of those things? What is that like for you?

After turning a complaint into a prayer of thanks to God, how could that maybe help you heart?

You are loved!
Pastor Jen

