## Middle School

## Middle School Guys...

After watching the video, take a few minutes to reflect on these questions.

Read Psalm 139:23-24

Ok, on take a second...seriously...write down what you did yesterday...or today. What did you spend you time doing? No shame. If you played 5 hours of video games...ok...write it down. I mean. It's not like we have a lot going on right now in our lives with the lock down.

What did you spend your time on?

Ok...so how are you doing with porn? On a scale of 1-10. 1 being you are not struggling with it at all. 10 being you're spending lots of time everyday watching it.

Biggest thing...be freaking honest with yourself. Bottom line...porn with absolutely destroy your mind and future. If you are struggling please reach out. No shame. It's difficult out there men. It is. And we need to be there for each other not shame each other. My info is below if you need to reach out. Or contact your mentor. It will all be completely anonymous. We love you.

You are loved! Pastor James 913-558-7269





Ok...I know we are hitting this conversation hard. But sometimes men need to talk to men that way. An increase in porn of 25%! World Wide! That's insane. Let's allow God to empower us from the inside to be real men. Of integrity. And honest about our struggles. I love you guys. And I have watched too many men ruined their lives and the lives of their families even over this. You are worth too much to allow that to happen.

With Love Grace and Peace,
Pastor James

## **Check this out!!**

Something to worship with:

https://open.spotify.com/track/2hl5Vr1vHxJOkvfW UD51jh?si=XPPhnFinQlq8l4byEa5xMw

Something to do:

https://www.langhamhotels.com/tc/the-langham/boston/happenings/influencer-insight-quarantine-activities/