

# High School

# Youth

## REFLECTION QUESTIONS

*After watching the video, take a few minutes to reflect on these questions. I suggest using a journal so you can write down your thoughts! I also suggest playing some calm music. Look up Bethel's album "after all these years" on Spotify.*

What are you disappointed about right now? Write everything down, even the little things.

What do you want God to know about your disappointments? Tell him what you're thinking and feeling.

If it matters to you, it matters to God. What else is occupying your thoughts? What else do you need to talk to God about? What emotions are coming up?

What's it like to know that God cares about all the things that matter to you?

How can you feel God's presence right now after talking to Him about all these things?

Take a moment to thank God for being present with you. He loves you so much and hasn't forgotten you!

It is so hard for us to be separate from you right now. We miss seeing your faces, worshipping with you, laughing with you, and learning with you.

Please let us know how we can pray for you and what's going on in your life. Your mentors are going to be reaching out to you soon if they haven't already!

You are loved, and you're not alone.  
@PASTORROBCLICK

@CCNYOUTH

## CHECK THESE OUT!

Spotify [COVID Quarantine Playlist](#)

[Naming Loss and Gratitude](#) - Fuller Youth Institute blog

With all the churches going online...[Church Worship Fail](#)

BOTTOM LINE = If it matters to you, it matters to God