



Fasting

MONDAY

Choose to fast one meal with us today, whichever you prefer. Read : 1 John 1:8-10 "If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. If we claim we have not sinned, we make him out to be a liar and his word is not in us."

// Confess the taint of sin (selfishness) on the things we have said and done--and what we failed to say or do.

// Confess that we have not fully trusted or believed in God for all things.

// Confess that we have not always sought first the Kingdom of God and His righteousness, but our own kingdom.

TUESDAY

Choose one meal to fast with us today. Read : Habakkuk 3:17-18 "Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, yet I will rejoice in the Lord, I will be joyful in God my Savior."

// Praise God for what He has done on our behalf.

// Pray for our church, that we will continue to grow in faithfulness; making wise decisions, and remembering that God is the one at work.

// Pray for our church to be unified.

// Pray for our church to be diverse, reflecting the diversity in our city.

WEDNESDAY

Choose one meal to fast with us today.

Read : Romans 8:38-39 "For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord."

// Pray for those who do not know the love of Jesus.

// Pray for our church to rest in the truth, and for the Holy Spirit to lead us in worshipping Christ.

// Pray for diversity -- ethnically, socially, and generationally -- within our church.

THURSDAY

Choose one meal to fast with us today.

Read : Philippians 4:6-7 "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

// Let your deepest petition and what makes you anxious be known to God.

// Pray that our church leaders will seek first the guidance of the Holy Spirit in all things.

// Pray that our church would rely on the Holy Spirit to provide peace that leads to awe and worship.

FRIDAY

Choose one meal to fast with us today.

Read : Ezekiel 22:30 "I looked for someone among them who would build up the wall and stand before me in the gap on behalf of the land so I would not have to destroy it, but I found no one."

// Pray for those who do not know Christ. Pray for favor and influence to reach them.

// Pray for a clear proclamation of the Gospel through our being and our doing.

// Pray that God would revive a Spirit of boldness for evangelism.

SATURDAY

Choose one meal to fast with us today.

Pray the Lord's Prayer

Our Father, who art in heaven,
Hallowed be thy Name.
Thy Kingdom come.
Thy will be done on earth,
As it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
As we forgive those that trespass against us.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom,
The power, and the glory,
For ever and ever.
Amen.

// Praise God and sit in awe of Him.

// Pray that our city would be shaken by God's glory and that many would seek him.

// Pray that our church, and all "life-giving churches", would worship together in reverence and awe.