

# Middle School

Youth

## Reflection Questions

1. How might your life be different if you believed you were loved, valued, and cherished by God?
2. What are some things that culture tries to tell us we need to be like in order to be loved or valued or cherished that isn't true?
3. When you hear the verse, "You are absolutely beautiful, my darling. There is no flaw in you," what stands out to you? Can you believe that about yourself?
4. What is something you can do differently each day to remind yourself of how God sees you?

