



FRESH START: Opportunity to Trust Fully

MAIN SCRIPTURE

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

Psalm 3:5-6 (NIV)

WARM UP

- What stood out to you from the message? (story, thought, Scripture, etc.)
- Pastor Kevin mentioned that he memorized Psalm 3:5-6 as a child. And it is a verse that has come back to him frequently over the years. Is there a verse that you've memorized that has stuck with you?

Thought #1 – We are reminded who is asking us to trust him.

Verses: Matthew 7:9-11, Psalm 145:9

- Pastor Kevin said that our ability to trust is directly connected to our view of God.
 - When you view God, what picture comes to mind? (some examples: King, Grandfather, Policeman, Judge, Father, etc.)
 - What life experiences, events, or persons has formed your view of God most?
- Pastor Kevin emphasized the goodness of God. That because God is ultimately good, we can trust him in every circumstance.

- Think back on your life – where have you experienced the goodness of God?

Thought # 2 – It can be hard to trust because we have limited perspective.

Verses: Psalm 147:5, Job 37:16, Psalm 139:1-6

- Kevin said “every time we make a decision, we do the best we can with the information we have at that time. We have limited perspective.”
 - In what areas of your life are you reminded you have limited perspective? (ex: parenting, the weather, predicting the Chiefs score)
 - As you think about your relationship to God...how does admitting that you have limited perspective help the relationship to grow? How does it enable trust?
- Even though we have limited perspective, God has unlimited perspective and understanding.
 - What are some ways you see from God's perspective and gain his understanding? (ex: prayer, scripture, fellowship with other believers)

Thought #3 – Trust requires submitting.

- Dallas Willard said, “Submission is a willingness to abandon our outcomes to God.” Pastor Kevin mentioned how many of us have a hard time letting go of the “outcomes”.

- Do you personally have a difficult time “abandoning the outcomes”?
- What does it require for you to let go of future plans and trust God?
- Pastor Kevin mentioned this idea of being open to God “writing a new ending” to situations in our lives. Sometimes this new ending is different than we would have written.
 - Does that excite you? Scare you?
 - How easy is it for you to let go of controlling your life and instead submit your life to God?

Thought #4 – Trust that God will make your paths straight.

- Kevin said that there will be bumps in the journey for all of us. But, despite that – God can make the path straight. Which ultimately means that God is both going before you to prepare the way and walking alongside of you to encourage you.
 - How aware of God’s presence are you daily?
 - What are some practices that could help you become more aware of his presence in your life?

Challenge – As a group take up the challenge to memorize Proverbs 3:5-6 this week. Pastor Kevin used the NIV version, but you can pick whatever version connects with you most. As you dwell on the words, you might be surprised at how much it impacts you!

Questions? Email me at:

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