

# Middle School

Youth

## HEADING

Ok...so...let's take a sec...

When you look at social media and see other people...what kinds of things do you find yourself wishing you had? Who do you find yourself wishing you could trade places with? What kinds of people do you wish you looked like? Etc.

What is it about these things you think would make your life better if you had them?

What if you never got these things? Do you believe you could still find deep joy in life?

I'll have to say...comparison is probably one of the hardest things to work through. We all do it...all the time. It's so easy to look at others and think "oh man I wish I had that" or "I deserve that". It seriously happens to us all. So don't feel shame for it. Instead. Examine it a bit. What are those things that you feel if you had them you'd find joy. Truth is...you won't. As soon as you get them...you'll find other things you feel you need. IT DOESN'T END. I can testify to that for sure.

So instead let's go to the one place that we actually can be satisfied and find fulfillment. The presence of God. Being with Him is truly the only thing that will bring to your heart what you need.

So, as you go about your week. As you go about the rest of today...notice in yourself things you find yourself dreaming of and wishing you had. Set them down and ask Jesus to draw near instead. He will. I promise. He loves you more than you could ever know. Trust God, He's got you.

Check out the Youtube video below.

Love, grace and peace,

Pastor James

## Check this out!!

[https://www.youtube.com/watch?v=LA\\_uwWPE6IQ](https://www.youtube.com/watch?v=LA_uwWPE6IQ)

BOTTOM LINE = In God's presence we find all we need