

JANUARY 21, 2024 | 8:40 AM

HABITS: SMALL DISCIPLINES, BIG RESULTS

BREAKING

Chain Breaker

Smith/Fieldes/Williams

Firm Foundation (*He Won't*)

Davis/Moore/Carnes

Baptism

Blake Bengé

Benjamin Fejerang

What's Going on in the Family?

Karen McAmis

Prayer for the Offering

Sue Byrd

Song for the Offering: *The Day is Dawning*

Sermon

Blake Bengé

Habits: Breaking

Song of Response: *Oceans (Where Feet May Fail)*

Crocker/Houston/Llghthelm

Recognition of Decisions

Blake Bengé

Benediction

Jon Nahlen

INVITATION TO RESPOND

- Comment on Facebook
- Share this worship service on your social media
- Email a decision or prayer request to info@snydermbc.com
- As comfort and common sense allows, reach out to your next door neighbors. Be a neighbor. Share and show Christ.

Are you visiting with us today? Just scan the QR code for more info. We'd love to get to know you!



TAKE IT WITH YOU

It seems to be a fact of life that when I want to do what is right, I inevitably do what is wrong. I love God's law with all my heart. But there is another law at work within me that is at war with my mind. This law wins the fight and makes me a slave to the sin that is still within me. Oh, what a miserable person I am! Who will free me from this life that is dominated by sin? Thank God! The answer is in Jesus Christ our Lord. Romans 7:21-25 NLT

From the beginning when Adam and Eve sin, humanity's nature begins its sinful journey that will finally end when Christ returns again and all believers will call the New Jerusalem their forever home. Until then, we struggle with carnal thoughts, earthly lust and worldly cravings. The *war with my mind* tries to deceive the heart, to manipulate the will. These attitudes of sin, *the sin that dwells in me*, finds itself in direct conflict with the spiritual laws of God. While the law itself exposes our sinful nature, it cannot offer new spiritual life.

While in Corinth during his third missionary journey, Paul writes Romans, a letter to the church in Rome, as a statement of faith. One of the main themes deals with sin, exposing the heart's disobedience, examining the will's rebellion. Paul confesses that he loves God and wants to do what is right; yet, he finds himself tempted by sin. Because of God's faithfulness, Jesus Christ overcomes sin and offers us a spiritual rebirth. Through Jesus, the Holy Spirit comes to each of us lives within us, and empowers our desire to be obedient to God's laws.

Habits begin slowly, sometimes without intention. Before long, rebellions become routines, actions become addictions, curiosities become conflicts. Paul identifies the struggles with our less desirable patterns of behavior, our customs of opportunity, our denial of moral weakness as a *war with [the] mind*. Breaking free of regrettable, fruitless habits is not easy. Paul reminds us that the answer rests in *Jesus Christ our Lord*.

Lord, life gets tangled between spiritual darkness and spiritual obedience. The flesh is weak, easily held captive, feeling powerless, held hostage, feeling rebellious. Jesus, You break the chains that bind my soul to sin. In my weakness, great is Your faithfulness. You are the living God, the Spirit that dwells in me.

~ Donna Oswalt

HABITS | BREAKING

Over the last several weeks we have asserted that habits are how we become, therefore our homework was to create a picture of who we want to become, then begin one habit that would work toward that picture. Today we turn our attention toward breaking a hurtful habit.

Habits: things we do repeatedly and automatically that shape the essence of our lives.

Certain small habits have great strength.

Habits | Either Or

- ✓ Helpful: We _____ these to become and be the person we want to see in the mirror.
- ✓ Hurtful: These _____ us to become a person we would rather not stop to look upon in the mirror.

The Magnificent Could Have Been. Judges 16

Hurtful Habits like _____ belonging to someone we no longer want to be and setting us up to do what we no longer want to do. They need to be placed in the dump. (Colossians 3)

Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry. (3:5)

On account of these the wrath of God is coming. In these you too once walked, when you were living in them. (3:6-7)

But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth. Do not lie to one another, seeing that you have put off the old self with its practices. (3:8-9)

Habit Homework | Breaking

By God's grace and God's aid I want to become and be ... therefore I am developing the habit of _____ in my life and destroying the habit of _____, to God's glory and the betterment of myself and those around me.

The ABCs of Destroying Hurtful Habits

1. _____ it.

2. _____ against it.

3. Be _____ of cues.

You Got This!

because

_____!

Recommended Reading:

Rest and War: Rhythms of a Well-Fought Life by Ben Stuart.

Your Future Self Will Thank You: Secrets to Self-Control from the Bible and Brain Science (A Guide for Sinners, Quitters and Procrastinators) by Drew Dyck

Atomic Habits: by James Clear

The Power of Habit: Why We Do What We Do In Life And Business by Charles Duhigg

Recommended viewing or listening:

This series was inspired by Craig Groeschel's 2019 series "Habits".

View these talks by searching: Habits | Life.Church

ANNOUNCEMENTS

THE SANCTUARY FLOWERS are placed in memory of Bob and Jerry Bryan from their family.

REVELATION CLASS: 5pm - Parlor The same class that Jon Nahlen is teaching on Wednesday nights will be offered on Sunday evenings. This study will help us understand the book of Revelation, current happenings in the Middle East and God's final plan of redemption.

NEW GRIEFSHARE SERIES TO BEGIN ON WEDNESDAY, JANUARY 24: We have two opportunities available for you to attend this 13 week series. It will be offered at 10am and 6:05pm in the Small Dining Room. We are excited to introduce GriefShare's latest program.

SING WITH THE 8:40 WORSHIP CHOIR: On Sunday, January 28, this group will lead in the early service. There will be One Big Rehearsal on Wednesday, January 24, from 6:15 to 8:30pm in the Fellowship Hall. Open to all ages (children must be accompanied by an adult). Contact Giles at gilesb@snydermbc.com for more information.

SNYDER SPRING EXPRESS: If you are interested in singing with the Sanctuary Choir at the Spring Concert on Sunday, April 28, join us for rehearsals on Wednesdays at 6:15pm starting January 24.

HILL TOPPERS LUNCHEON/PROGRAM: Thursday, January 25, at 11:30am in the Fellowship Hall! Our guest speaker will be Kemberle Braden, Chief, Fayetteville Police Department! You do not want to miss this special event. There is no cost; however, reservations are required by calling the Church Office (910) 484-3191. Deadline for registering is tomorrow, January 22.

ANNUAL WOMEN'S PRAYER BRUNCH: Saturday, January 27, 10am - Noon The guest speaker will be Lisa Miller. No cost, but RSVP in the Church Office by this Tuesday, January 23.

DEACON ORDINATION: Sunday, January 28, at 3pm in the Sanctuary Those being ordained are Kristen Coggin, Eileen Hatch and Brad Krauss.

MARK YOUR CALENDAR:

SWOP's Winter Bible Study will begin on February 12 - evenings and February 15 - mornings. (note correction)

Operation Inasmuch Blitz Day will be on March 16.

2024 International Mission Trip to Nairobi, Kenya, July 18 - 30

See *The Bell* for more information!

HOW TO GIVE TO SNYDER MEMORIAL BAPTIST CHURCH

Cash or Check

- by mail or dropping off to Finance Office
- Automated Bank Draft on the 5th or 20th of the month - contact Finance Office to acquire forms for draft set up

Online (computer, mobile phone, tablet)

- Go to www.snydermbc.com; select "Giving & Tithing | Online" from the menu; enter the information (if you are already in our database, you can login; otherwise you can continue as guest)

or

- download the "Church Life" app to your mobile phone (you must already have a username and password for AccessACS - see below - in order to use this app). There is a link on the app to give, and it will take you to AccessACS; follow the instructions

**WE EXIST TO LEAD PEOPLE TO DISCOVER GOD, DEVELOP FAITH AND
DISPLAY CHRISTLIKE LOVE IN OUR ATTITUDES AND ACTIONS.**

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