

## Love is Unflappable

1. Which of the three areas—rudeness, being easily provoked, or keeping a record of wrongs—do you struggle with most, and why?
2. How does understanding that these are *ongoing choices* (“does not choose to allow...”) change the way you view your reactions in marriage?
3. What does it practically look like to be “unflappable” in a heated or stressful moment with your spouse?
4. Why do you think people often justify their rudeness or irritability instead of recognizing it as sin?
5. Can you think of a time when irritation revealed more about your heart than about the situation? What did it expose?
6. How does pride or arrogance contribute to rudeness in the way we treat our spouse?
7. Why is “keeping a record of wrongs” so damaging to intimacy and trust in marriage?
8. In moments of conflict, what would it look like to “overcome evil with good” instead of reacting naturally?
9. Why is it important to take personal responsibility (“as much as depends on you”) rather than focusing on your spouse’s behavior?
10. Looking at the steps (identify, acknowledge, reflect, replace), which one is hardest for you to practice—and what would it look like to take a step in that area this week?

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