

1. Read Psalm 56:1-4 — **Trust God's Character.**

- David doesn't hide or minimize his fear before God. What does that teach us about honesty in our relationship with God? Why does suffering often drive us away from God?
- Verse 3 says, "When I am afraid, I put my trust in you." Why is the word "when" so significant? How does that statement "the presence of fear does not mean the absence of faith" challenge common misconceptions about what it means to be a mature Christian?
- David's circumstances didn't immediately change, but his perspective did. Since fear is inevitable, why is it important to decide ahead of time where you'll place your trust? How does remembering God's character reshape the way you view your circumstances?

2. Read Psalm 56:5-9 — **Trust God's Care.**

- Verse 8 says that God records David's misery and keeps track of his tears. What does this imagery teach us about God's care for his people?
- Why do seasons of fear or suffering often make us feel isolated or forgotten? How does knowing that God sees every sleepless night, anxious thought, and painful tear change the way you view your struggles?
- David declares in Verse 9, "God is for me." How is that different from believing that God will simply remove every difficulty from our lives? Is there an area of your life where you need to be reminded that God sees you, knows you, and cares for you?

3. Read Psalm 56:10-13 — **Trust God's Word.**

- What is the significance of David praising God's word twice in Verses 10-11? How can spending consistent time in the scriptures reshape the way we respond to fear?
- The sermon reminded us that everything in life has a voice—including fear. What voices compete for your attention throughout the week? What promises from scripture can you counteract those voices with?
- David moves from fear to thanksgiving by the end of the psalm. How does growing trust in the Lord naturally produce growing worship of the Lord?
- What similarities do you see between David's response to fear and Jesus' response in the garden? What encouragement does that give us when we face fear today?

Next Week: Psalm 32:1-11

Reading Plan: John 1-5



GOD SAID



I HEARD



I WILL