

1. What comes to your mind when you hear the word “communion”? What did you originally believe/feel about communion?
2. Read 1 Corinthians 11:17-22
 - a. How might a church today unintentionally do more harm than good in its gatherings?
 - b. What are some ways we might be tempted to divide ourselves in the church today, even unintentionally?
3. Read 1 Corinthians 11:23-26
 - a. How does the “Memorial” view of communion shape our attitude and experience when we take communion? How can we keep the cross in our hearts when we take communion?
 - b. How is communion both a remembrance of the past and a hopeful declaration about the future?
4. Read 1 Corinthians 11:27-32
 - a. Paul says that to take communion in an unworthy manner is to sin against the body and blood of the Lord. What might that look like today, and how can we guard against it?
 - b. What are some questions we can ask ourselves before taking communion to help us approach it with a reverent and humble heart?
5. Read 1 Corinthians 11:33-34
 - a. How does faithful, Christ-centered communion strengthen the unity of the church and deepen our shared identity as the body of Christ?

Next Week: 1 Corinthians 12:1-31



GOD SAID



I HEARD



I WILL