

1. What is your favorite psalm and why are you drawn to it?
2. Read Psalm 144:1-2.
  - a. What is the symbolism behind David calling the Lord his “Rock”? Why do you think it is so easy for us to take credit for things God has provided?
  - b. David also speaks of God as a fortress, stronghold, deliverer, and shield. Which of those descriptions speaks most strongly to you right now and why? What are some "functional fortresses" people commonly trust in today instead of God?
  - c. How can remembering God's character change the way we view difficult circumstances, even when those circumstances don't immediately improve?
3. Read Psalm 144:3-11.
  - a. What does David’s question in Verse 3 (“Lord, what are human beings that you care for them?”) reveal about his view of God and himself? How does the brevity and fragile nature of life (“like a breath/fleeting shadow”) produce humility within us?
  - b. As believers mature, why can it be tempting to become less dependent on God? What burden, challenge, or decision have you been tempted to handle entirely on your own?
  - c. David begins singing about God's victory before his circumstances have changed. What does that teach us about faith and trust?
4. Read Psalm 144:12-15.
  - a. Which of the things mentioned in Verses 12-14 do people most often pursue in our culture today? Why do you think it is easy to define blessing primarily by our circumstances?
  - b. Verse 15 says: "Blessed is the people whose God is the Lord." What practical steps can help us treasure our relationship with God more than the blessings he provides?
  - c. Have you ever gone through a season where your circumstances were difficult, yet you still experienced God's presence and faithfulness? What did that teach you?
  - d. How does the life, death, and resurrection of Jesus ultimately demonstrate God's love and concern for humanity?

**Next Week:** Psalm 68:1-35

**Reading Plan:** 1 Timothy 6 & 2 Timothy 1-4



**GOD SAID**



**I HEARD**



**I WILL**