

• 650 prayers listed in Bible

- 450 approx. recorded prayers in Bible
- First prayer in Bible is mentioned in Bible is Gen 4:26
- Bible records Jesus praying 25x during his earthly ministry
- Paul mentions prayer 41x
- Pray in Greek is proseuchomai

• Knowledge, time & connection builds trust. • Strong prayer foundation-trust & relationship • Communication & obedience





Mari Hernandez-Tuten

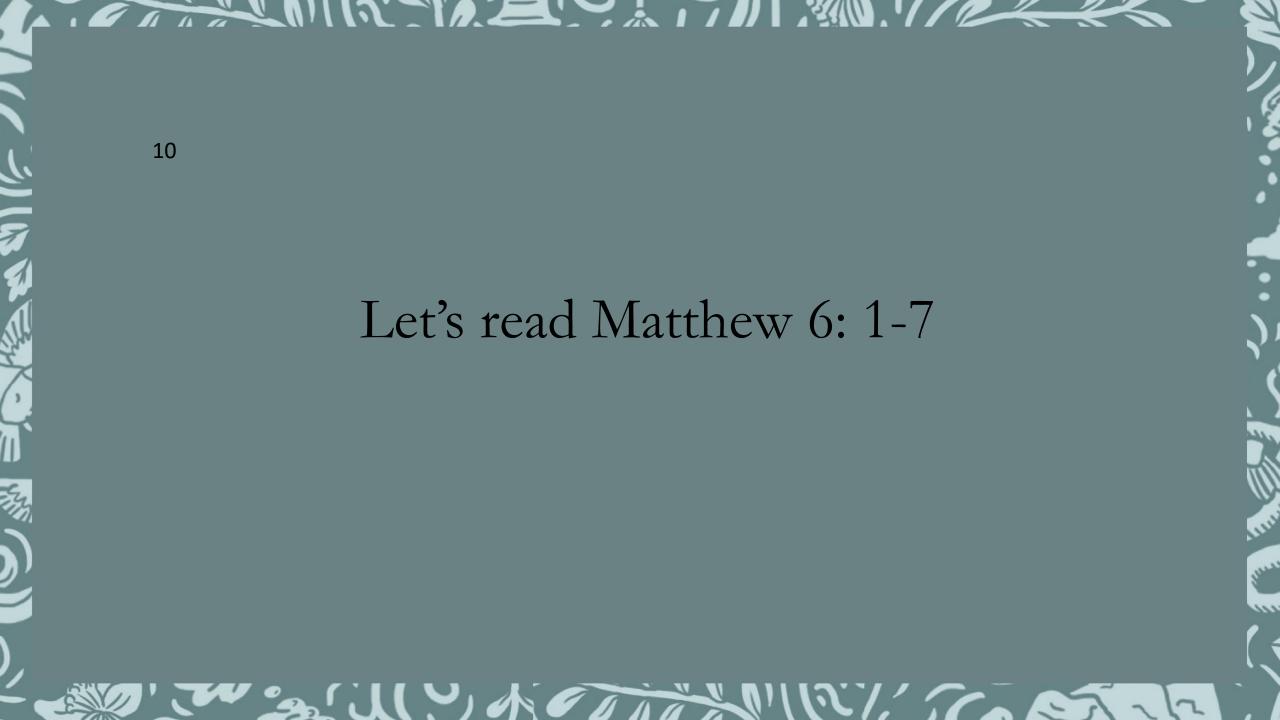
Email: inspiredbyfamilymag@yahoo.com

Website: inspiredbyfamilymag.com

How Do You Approach God?

5 Things to Quit

- 1. Pushover Parent
- 2. Taskmaster
- 3. Genie
- 4. Angry Father
- 5. Absent Father



"What comes into our minds when we think about God is the most important thing about us." ~A.W. Tozer

Let's Talk! Name some characteristics of God you see in the passage or that come to your mind.



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Why does this matter?

Because knowing that you can trust God builds a strong foundation & bond.

¹Prayer is the beginning of a relationship & a life-long conversation between you and God.

Prayer is acknowledging that without Christ we can do nothing.

Prayer is an expression of faith in God's power, protection, wisdom & love; fueled by a desire for more of Him.

Believers do not pray with the view of informing God about things unknown to Him or of exciting him to do his duty or of urging him as though he were reluctant.

On the contrary, they pray in order that they may arouse themselves to seek him, that they may exercise their faith in meditating on his promises, that they may relieve themselves from their anxieties by pouring them into his bosom...~John Calvin







Read Matthew 9-18

vs 9 - He is a loving Father.

His Name. vs 9 – He's powerful, He's worthy of praise. His Kingdom. vs 10 – He's King. His Will. vs 10 – He's wise.

Give us. – He's our Provider. vs 11 Forgive us. He's our Redeemer. vs 12 Deliver us.- He's our Protector. vs 13





The God of the universe.
The God of Abraham & Isaac.
The God who parted the sea.
The God who raised Jesus from the dead is saying to you--call me
Father! Abba!

His Love

For you did not receive a spirit of slavery To fall back into fear, but you have received The Spirit of adoption as sons, by whom we cry, Abba! Father! The Spirit himself bears witness With our Spirit that we are children of God. Romans 8:15-16

His Name.

Heavenly Father, We enter your presence with thanksgiving and praise. We give thanks to you and praise your name.

For you are good and your love endures forever; Your faithfulness continues through all generations. May all the people praise you. May it start with me. Amen

Group Prayer- Practice "Popcorn Prayer" & I'll end our time by praying scripture.

Enter His gates with thanksgiving and his courts with praise; Give thanks to him and praise his name. For the Lord is good and his love endures forever; His faithfulness continues through all generations.

Psalms 100:4-5



But seek first the Kingdom of God and His righteousness, and all these things will be added to you. Mt 6:33

His Kingdom.

In what areas of your life and ministry do you tend to rely on your own strength & will?

What practical steps can you take to surrender to Him?

Pray w/ a partner! Ask that God's reign & rule would be in your heart.







His Will.

Trust in the Lord with all your heart And never rely on your own understanding. In all your ways acknowledge Him, And he will make your paths straight. Proverbs 3: 5-6

It can be easy to rely on our own wisdom and move forward without talking to God about our day to day.

Private prayer in your groups.

Pray- I release the weight of knowing what is best in every situation and I'm going to trust you with the outcome. I want your will done more than my suggestions.

Ask the Holy Spirit to help you release control to God who can handle it. To receive peace in this, no matter what the answer is.

How does this verse of God's provision empower you to face today with confidence? How can you help others embrace this promise as well?

Reflective Listening: Take a moment and listen to what God is saying to you through this verse.

His Provision.

Cast all your cares on him, because he cares for you. 1 Peter 5:7

His Redemption.

If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. 1 John 1:9

Personal prayer: Spend some time alone asking God to search your heart and to bring to mind if there is anything you need to bring to Him. Is there a person you need to forgive? Someone you harbor bitterness or anger towards?

His Protection.

This is what the Lord says to you; Do not fear or be dismayed because of this great multitude, for the battle is not yours but God's. 2 Chron. 20:15b

Reflect on the times when you have felt spiritually attacked or tempted. How can you cultivate a mindset of alertness to counter such attacks?

Scripture Art: Write out 2 Chron. As you jot down the verse, reflect on the areas of your life that you need to remind yourself that you are more than a conqueror through Christ. How can you encourage others to embrace this truth as well?



- 5 Ways to Nurture Trust in Your Relationship with God
- 1. Practice being vulnerable & honest. Rom 5:8
- 2. Challenge mistrustful thoughts. Lam 3:21
- 3. Assume good intentions. Rom 8:28, 31-35
- 4. Grow your faith by reading God's word Rom 10:17
- 5. Intentional Connection. I Chron 16:11

Prayer Time

