



Sermon Study: November 16th

The Trek of Transformation: Wrestling with God

- 1) If you were a pro wrestler, what would your stage name be?
(examples: Ultimate Warrior, Stone Cold, The Undertaker, Macho Man, etc.)

- 2) Read aloud **Genesis 32:1-21**. In verses 9–12, Jacob prays. What stands out the most to you in the way he approaches God—his honesty, his humility, or his remembrance of God’s promises?

- 3) How can this story shape the way we pray, especially when we’re afraid or desperate?

- 4) Read aloud **Genesis 32:22-32**. What catches your attention from this passage?

- 5) Have you ever experienced a “wrestling” season with God where your faith was tested or reshaped?
What did you learn from it? How was your identity transformed?

- 6) How does Jacob’s limp serve as both a reminder of weakness and a mark of divine encounter?

- 7) Have you experienced a time when a personal “limp” reminded you of God’s grace?

- 8) Jacob met God before meeting Esau. What does that sequence teach us about dealing with relational reconciliation? Why is it important to be “right with God” *before* seeking to make peace with others?