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"The Sacred Season of Letting Go" Sunday Sermon with Rev. Barbara White, Sunday, Oct. 19, 11 am CDT

## Dear Ones,

Fall is so much more than a change of temperature. It is a sacred season of our own Spiritual transformation. This is the time of year when the fall season becomes our teacher showing us that releasing is not an ending but a Divine Preparation for renewal. Just as the trees release their leaves without resistance or regret, we too are called to release what no longer serves our Spiritual growth. The rhythm of our lives mirrors the rhythm of nature of release, rest and renewal.

Join me this Sunday at 11 am as we explore what Unity teaches as we prepare inwardly to honor this Sacred Season of Letting Go!

With love and blessings, Rev. Barbara

Thank you for your continued support of Unity of Dallas and our community outreach including Now Forward (formerly North Dallas Shared ministries) and the SoupMobile. <a href="https://unitydallas.org/donate">https://unitydallas.org/donate</a>