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“Stay Centered by Sharing Joy” Sunday Sermon with CJ Miller, Sunday, August 24, 11 am CDT

How do we stay spiritually centered when the world around us feels chaotic and unjust? In this talk, Spiritual Artist CJ Miller shares several ways to step out of Me-centric thinking by focusing on joy and acts of service.

CJ Miller draws from Myrtle Fillmore’s insight that “we are already spiritual beings, and the more we realize this, the more joy and satisfaction we experience in our service.” CJ shares how "joy is best shared" and simple service restores our sense of Oneness. When we bring joy to another, we are lifted—and in lifting others, we reveal that God is all and present everywhere.

Thank you for your continued support of Unity of Dallas and our community outreach including Now Forward (formerly North Dallas Shared ministries) and the SoupMobile.