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“Mastering Peace” Sun. Sermon with Rev. Deb Stovall, LUT, March 22, 11 am

“The gift of the Toltec is in being able to transcend ordinary human awareness and achieve personal freedom.” – from *The Mastery of Life* by Don Miguel Ruiz Jr.

Isn't that what we are all trying to do...achieve the feeling of freedom and peace, especially during these chaotic times? We will learn three steps to find this peace within ourselves this Sunday at 11 am.

Come join me to experience the steps to peace: noticing that which is around us, and most importantly, monitoring our thoughts and reactions. Sounds easy; works hard. As we know, our theology created by the Fillmores, is Practical Christianity, which means we practice what we learn and what we learn are our Five principles.

Principle number three states: We are co-creators with God, creating reality through thoughts held in Mind and principle number five states: Through thoughts, words, and actions, we live the Truth we know. And by living these principles, we “find” that peace we are looking for. See you on Sunday for some peaceful practices!

Hugs,  
Deb

Thank you for your continued support of Unity of Dallas and our community outreach including Now Forward (formerly North Dallas Shared ministries) and the SoupMobile.

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