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"Jesus' Rhythm of Work & Rest: A Path to Peace" Sunday Sermon with Rev. Adam Wood, Sunday, Sept. 14, 11 am CDT

Our world is full of noise, needs and no shortage of distractions. How are we supposed to navigate the chaos around and within us?

By looking to Jesus. In this message we'll explore a blink-and-you-miss-it glimpse into Jesus' own rhythm of work and rest as a pathway to peace in the midst of everyday life.

Thank you for your continued support of Unity of Dallas and our community outreach including Now Forward (formerly North Dallas Shared ministries) and the SoupMobile.