

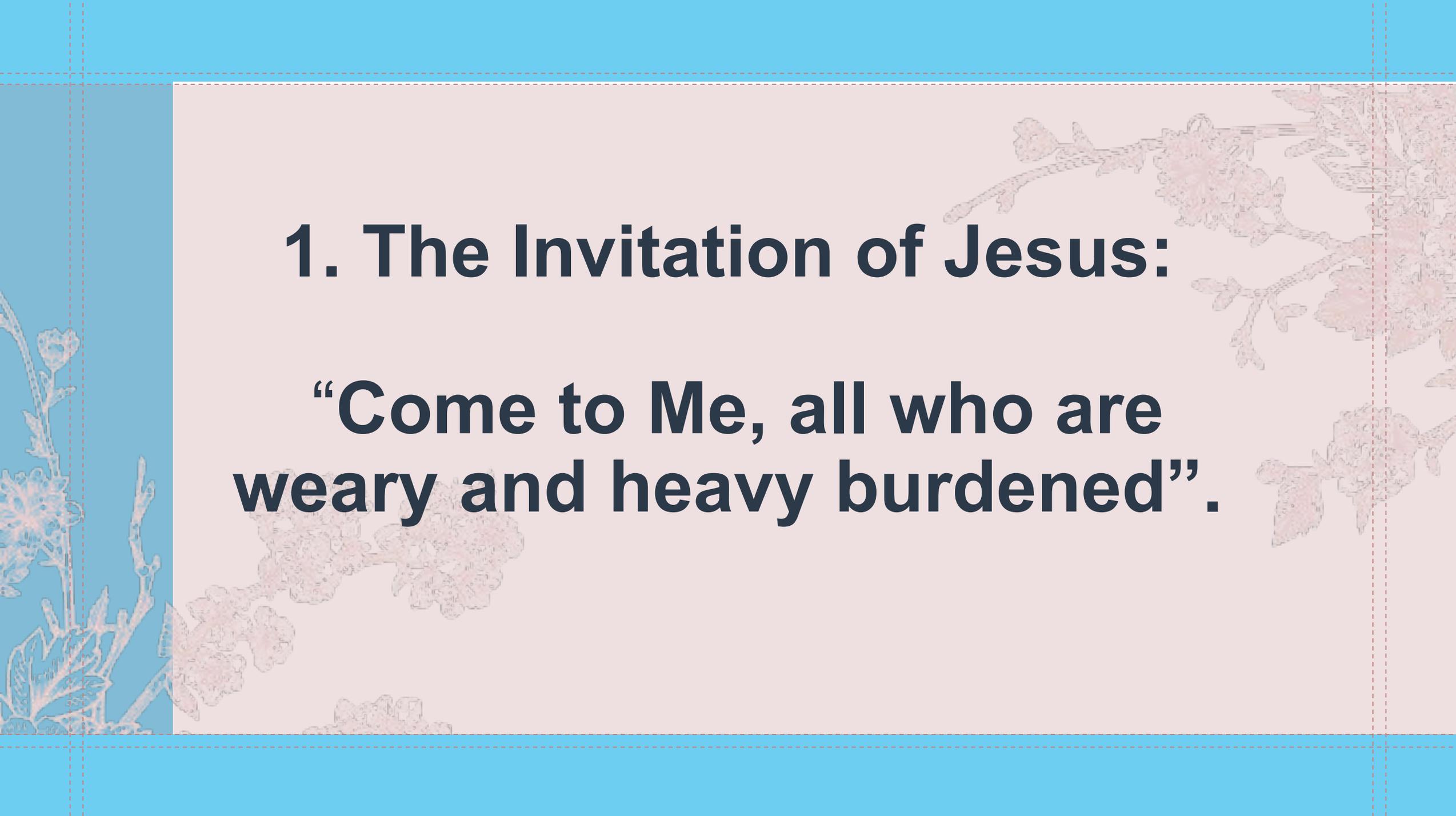


# **Finding Rest in a Restless World**

A Reflection on Matthew 11: 28-30

## **Matthew 11:28-30**

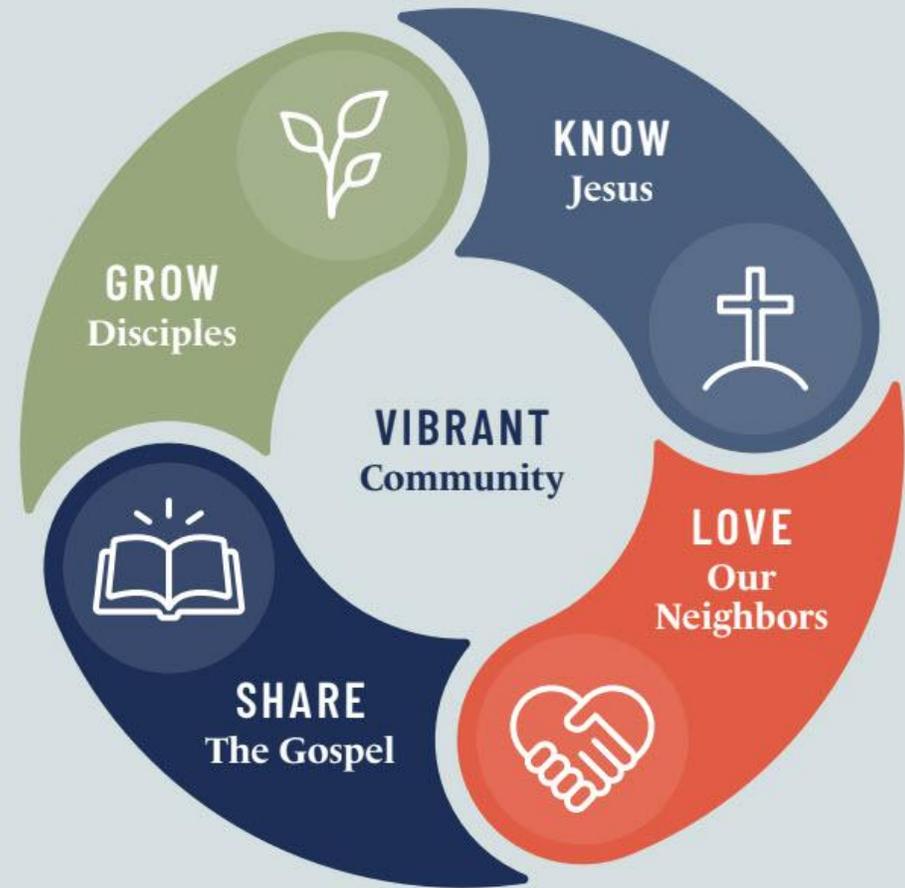
**Come to Me, all who are weary and heavy burdened and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS. For my yoke is easy and my burden is light.”**



# 1. The Invitation of Jesus:

**“Come to Me, all who are weary and heavy burdened”.**

# Outreach Center Vision Wheel



The slide features a light beige background with decorative floral patterns in the corners. The top-left and bottom-left corners have a solid blue background with white floral outlines. The top-right and bottom-right corners have a light beige background with faint, light blue floral outlines. The text is centered on the beige background.

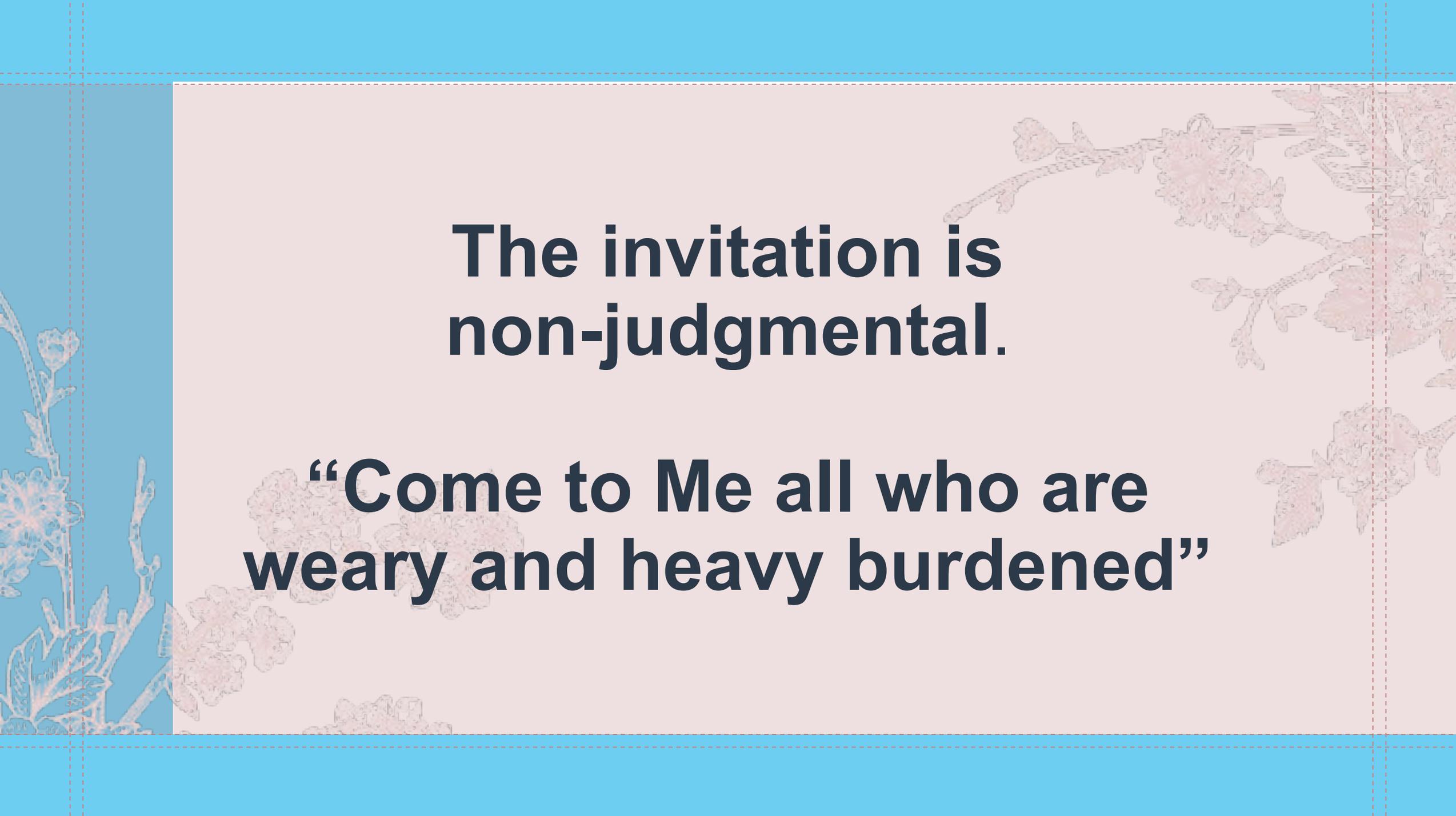
**The invitation is personal.**

**“Come to Me”**



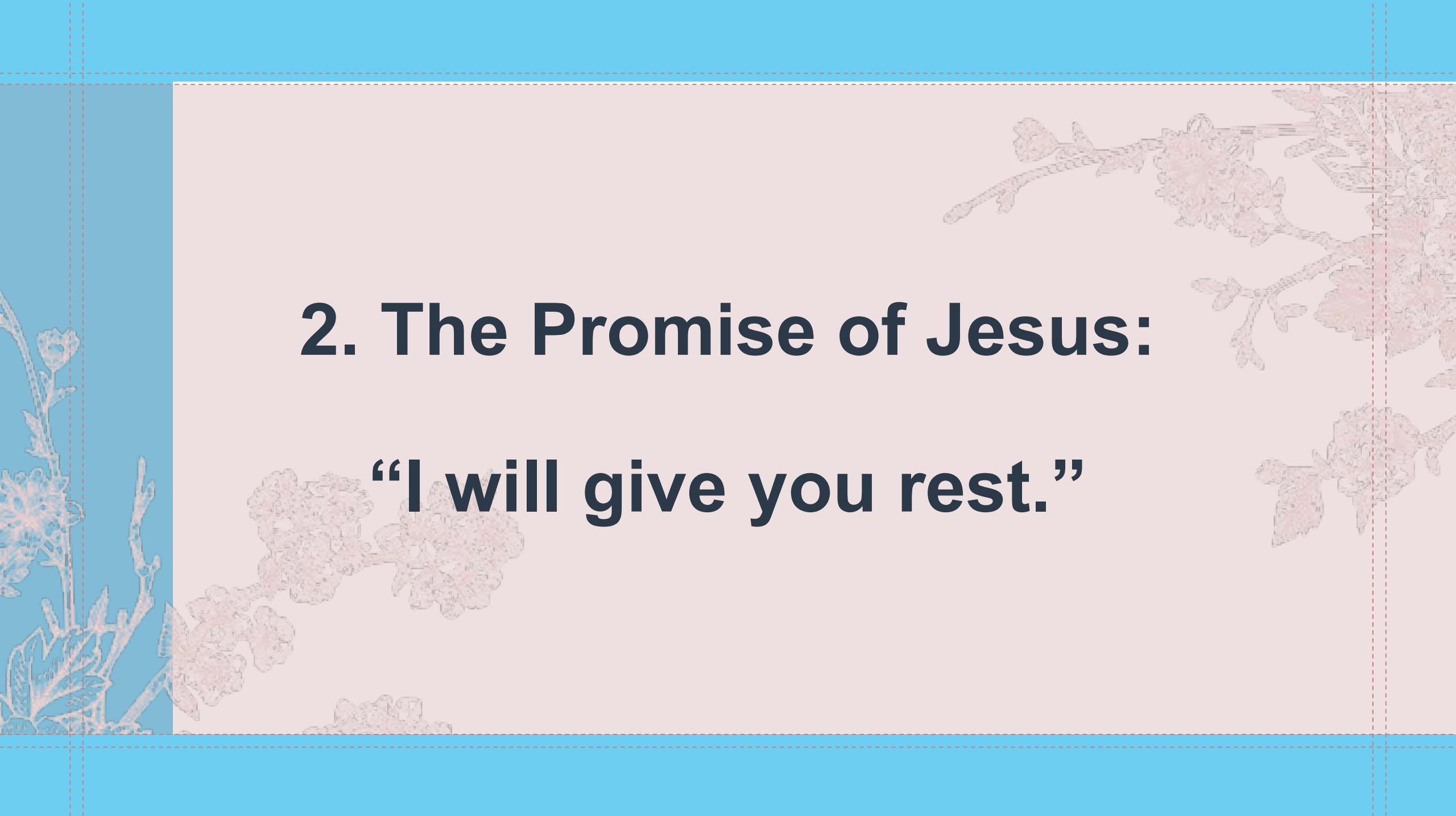
**The invitation is inclusive.**

**“Come to Me all”**



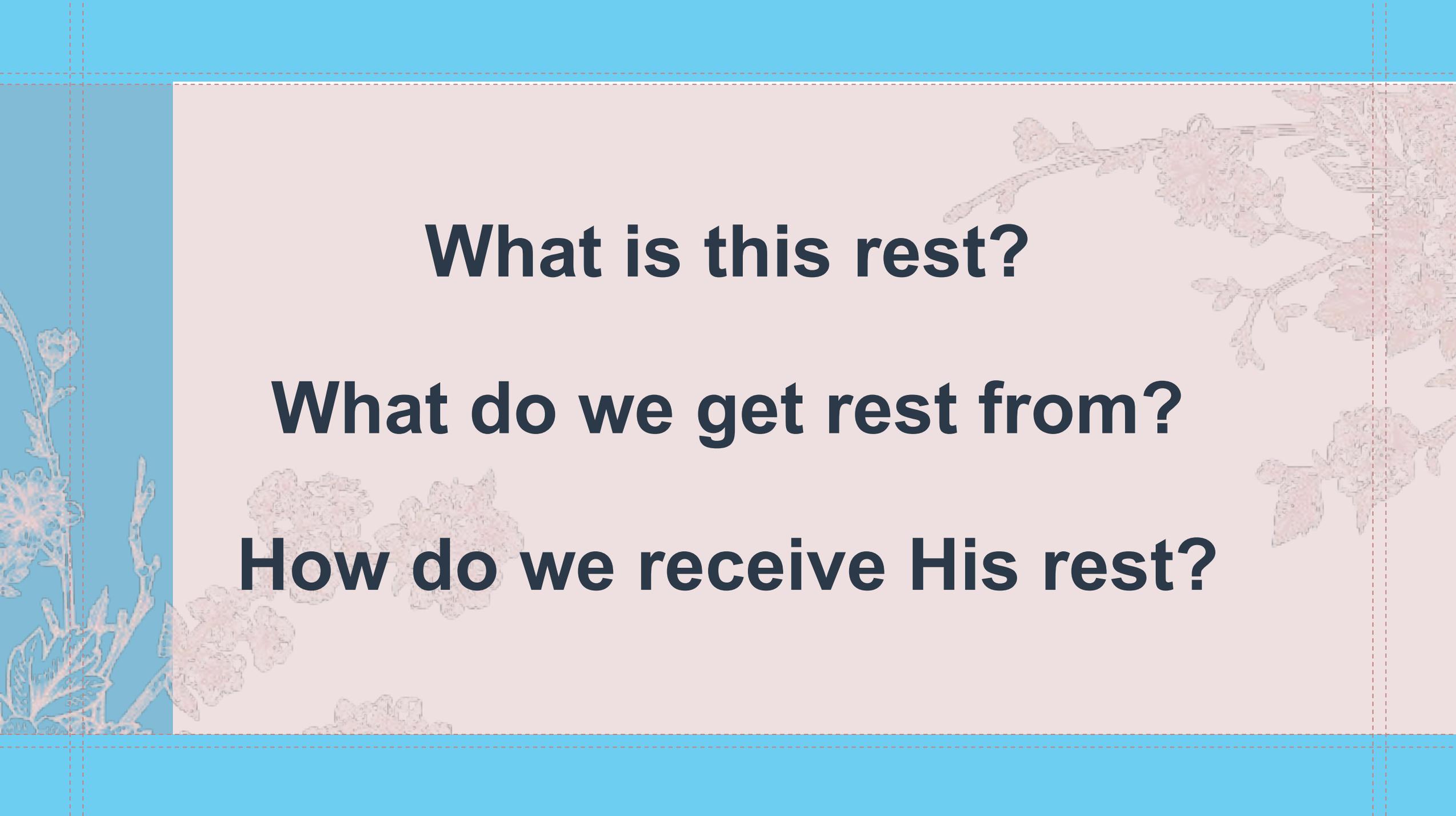
**The invitation is  
non-judgmental.**

**“Come to Me all who are  
weary and heavy burdened”**

The slide features a light beige background with decorative floral patterns in the corners. The top-left and bottom-left corners have a teal background with white floral outlines. The top-right and bottom-right corners have a light beige background with pink floral outlines. The text is centered on the beige background.

## **2. The Promise of Jesus:**

**“I will give you rest.”**

The background features a light beige central area with faint, stylized floral patterns in a light blue or teal color. This central area is framed by a solid blue border. The text is centered within the beige area.

**What is this rest?**

**What do we get rest from?**

**How do we receive His rest?**

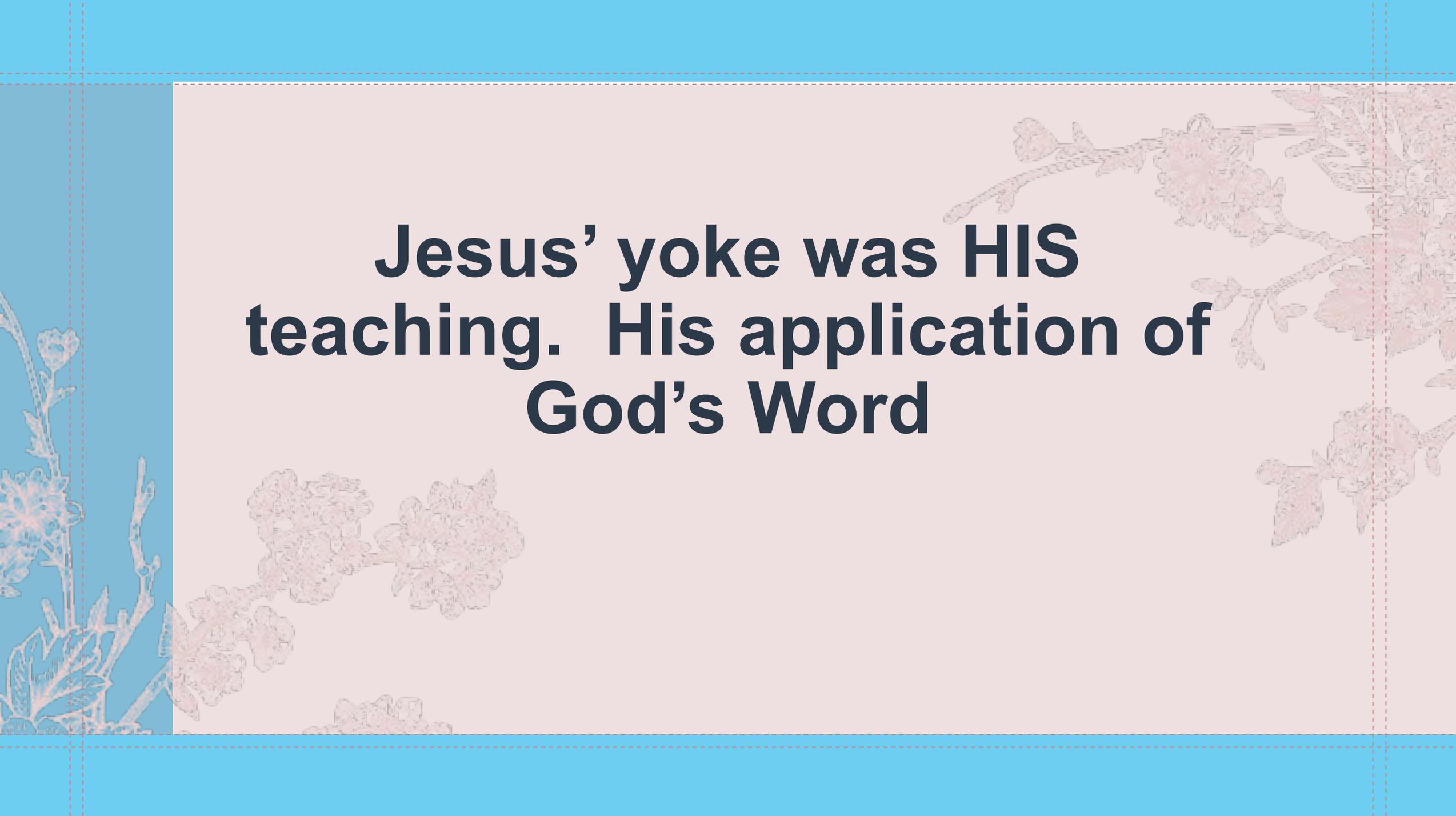
# **3. The Yoke of Jesus:**

## **Learning from Him**

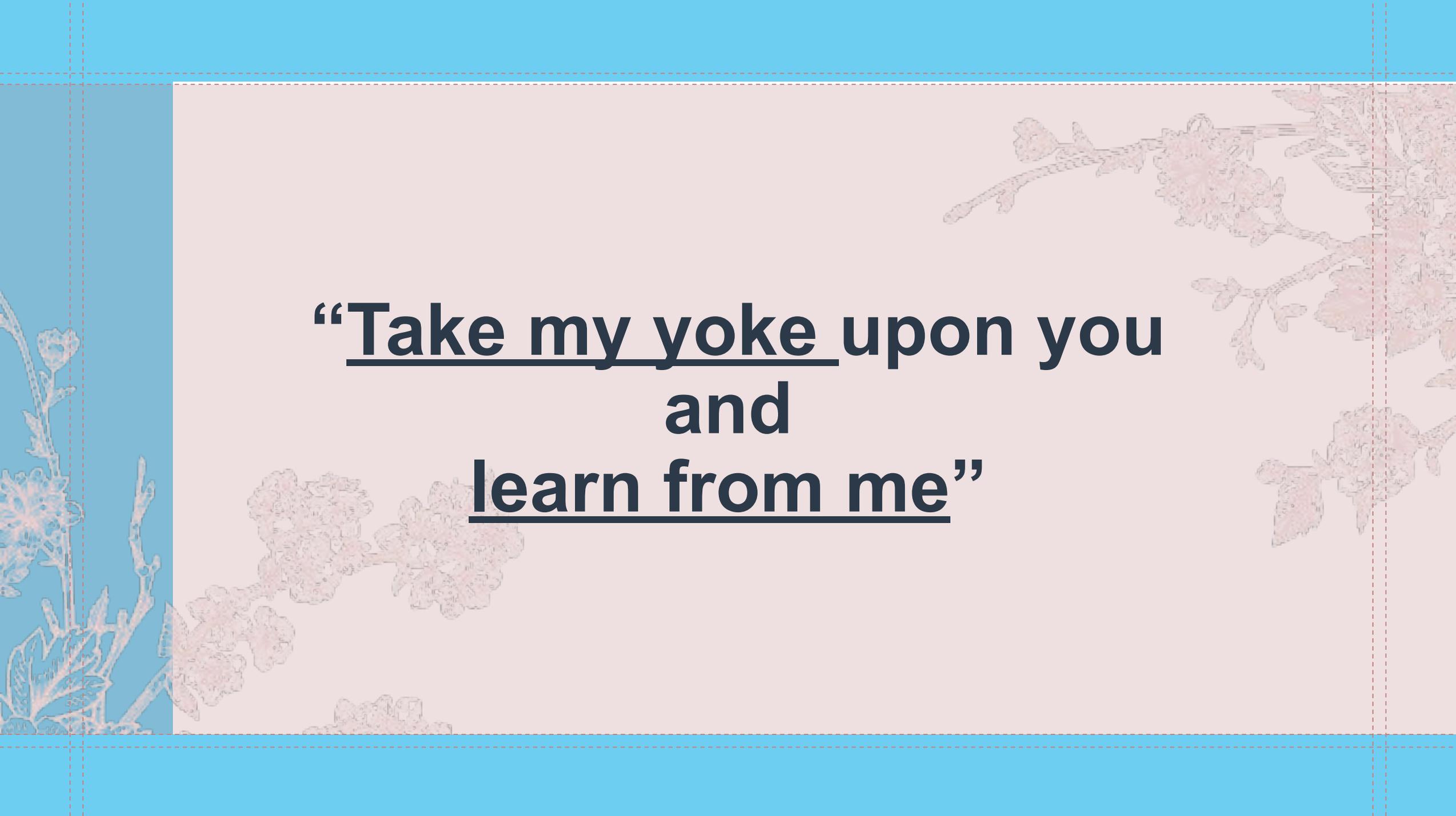
**“Take my yoke upon you  
and learn from me.”**



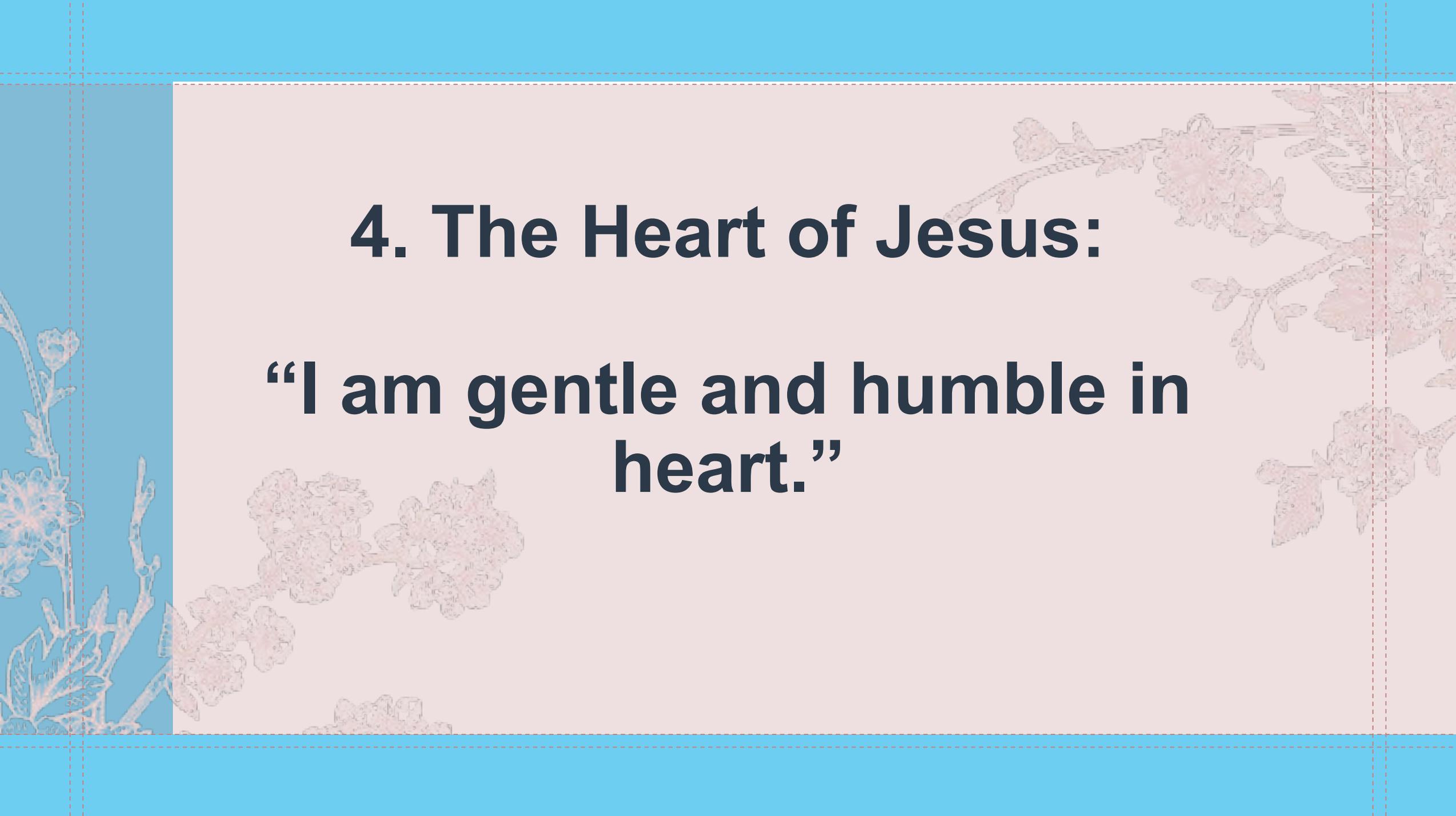


The slide features a light beige background with a central text area. The text is in a bold, dark blue font. The background is decorated with faint, light blue floral patterns in the corners. A solid blue vertical bar is on the left side, and a solid blue horizontal bar is at the bottom. Dashed lines form a border around the central text area.

**Jesus' yoke was HIS  
teaching. His application of  
God's Word**

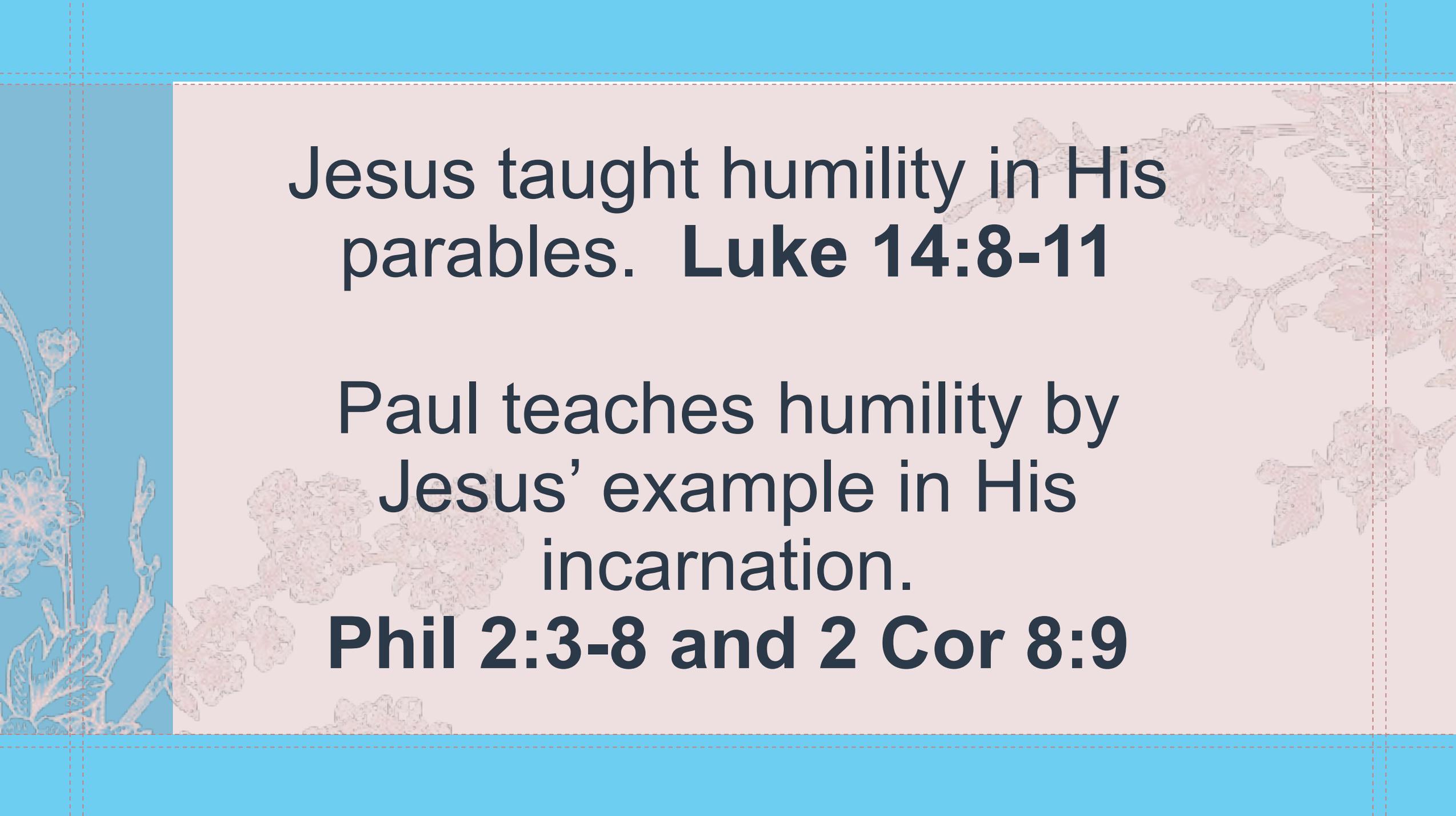


**“Take my yoke upon you  
and  
learn from me”**



## **4. The Heart of Jesus:**

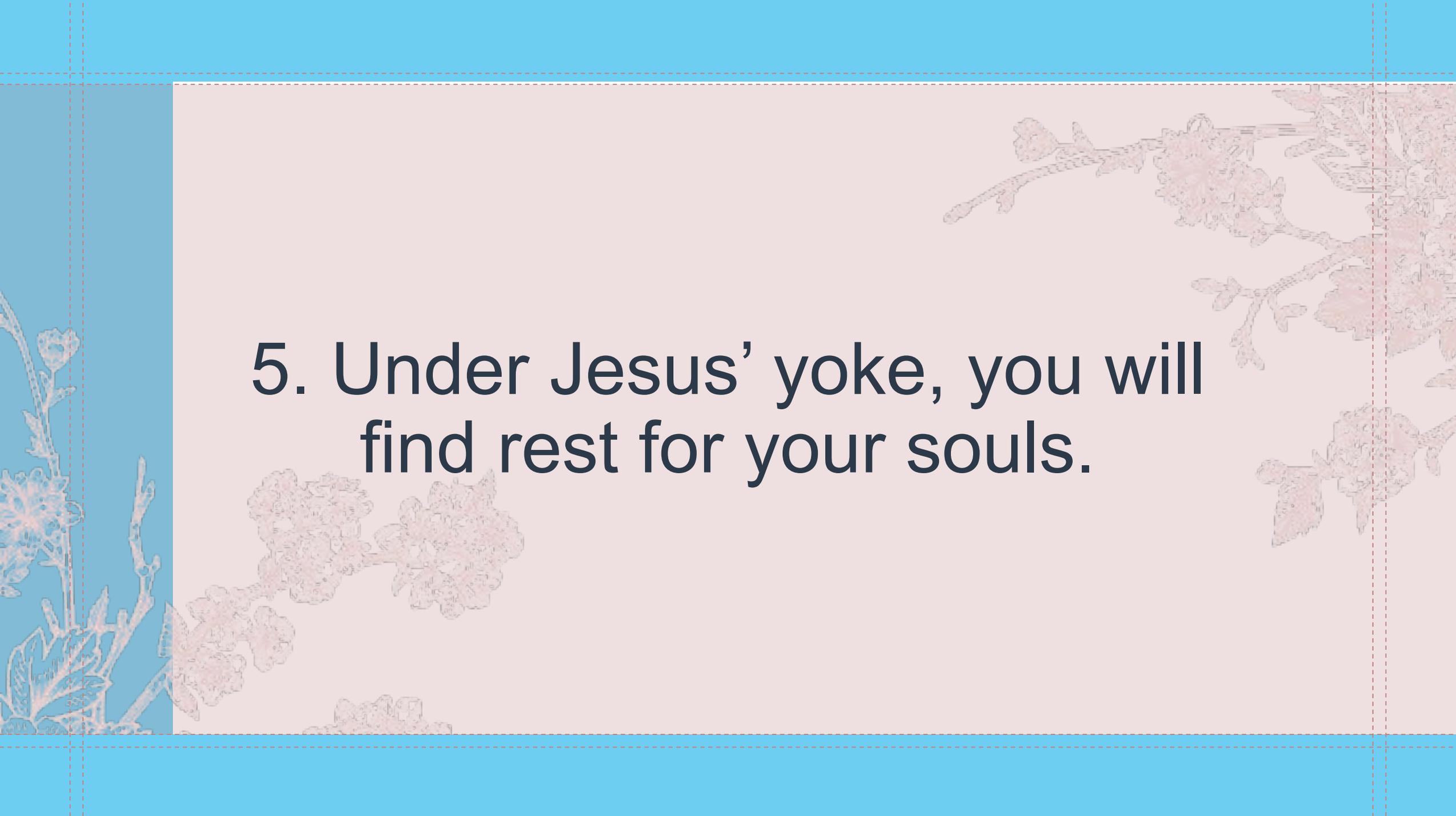
**“I am gentle and humble in heart.”**



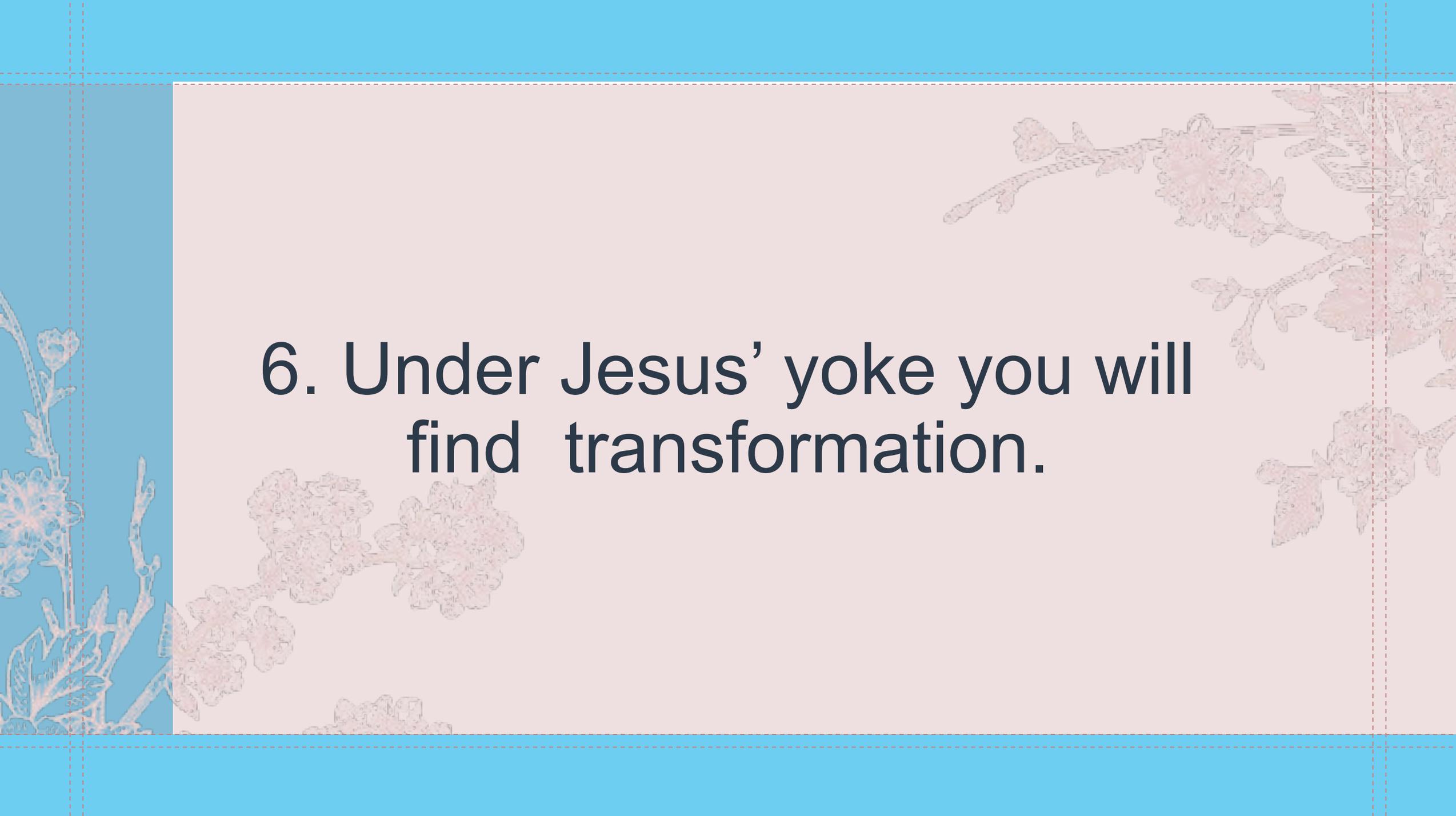
Jesus taught humility in His parables. **Luke 14:8-11**

Paul teaches humility by Jesus' example in His incarnation.

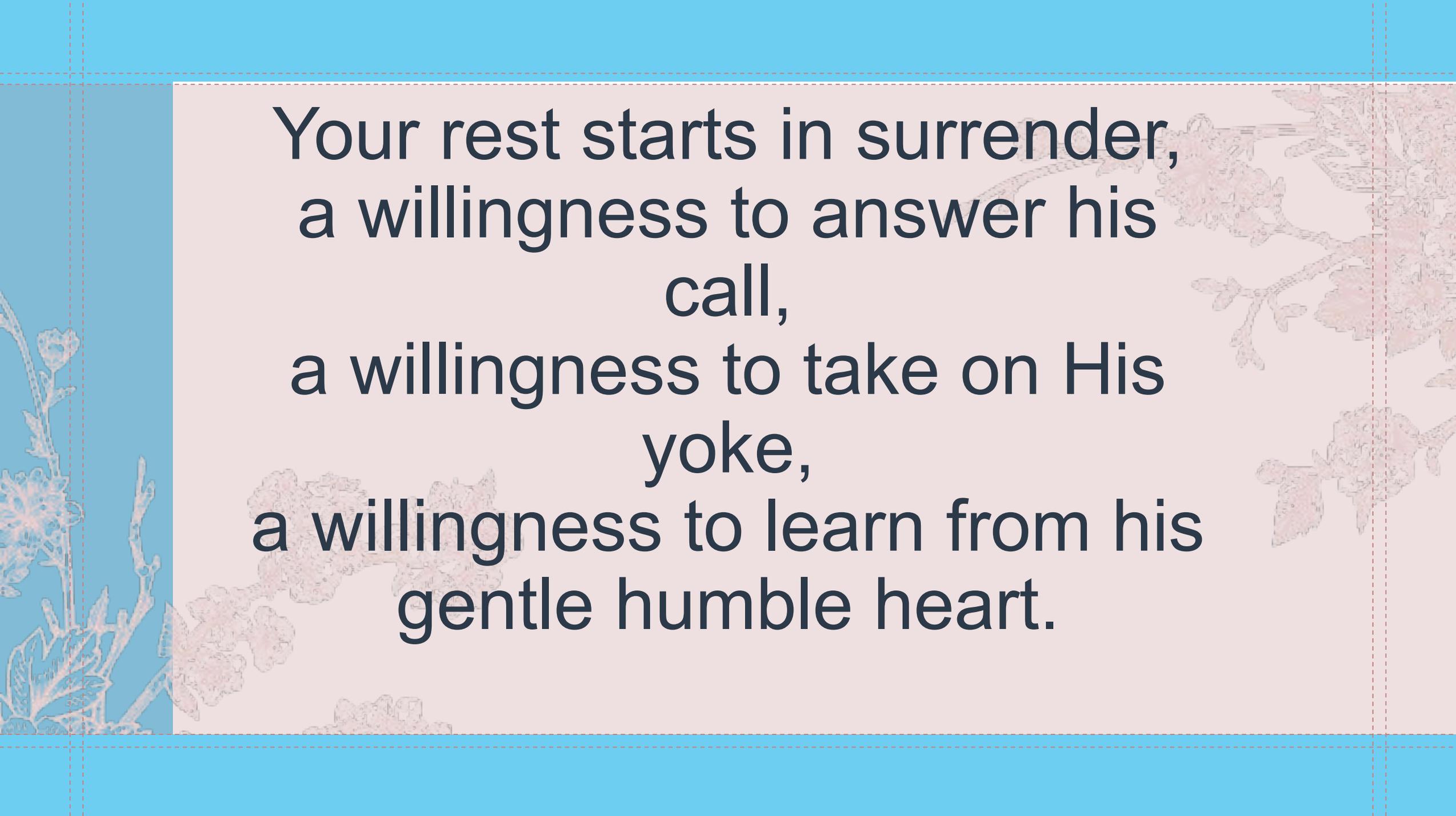
**Phil 2:3-8 and 2 Cor 8:9**

The slide features a light beige background with decorative floral patterns in the corners. The top-left and bottom-left corners have a teal background with white floral outlines. The top-right and bottom-right corners have a light beige background with pink floral outlines. The text is centered in the middle of the slide.

**5. Under Jesus' yoke, you will  
find rest for your souls.**



6. Under Jesus' yoke you will  
find transformation.



Your rest starts in surrender,  
a willingness to answer his  
call,  
a willingness to take on His  
yoke,  
a willingness to learn from his  
gentle humble heart.