

UCC Next Gen: Kids

K-5TH - WEEK OF APRIL 5



APRIL MEMORY VERSE

**DON'T DO ANYTHING
ONLY TO GET AHEAD.
DON'T DO IT BECAUSE
YOU ARE PROUD.
INSTEAD, BE HUMBLE.
VALUE OTHERS
MORE THAN
YOURSELVES.**

**PHILIPPIANS
2:3,
NIRV**

USING THIS PDF

WHAT ARE ALL THESE PAGES?

- This PDF has a parent guide and activities for our younger and older elementary students.
- Select the one you think would work best for your child.
- Print the parent guide and student activities you have chosen.

Watch this week's lessons with us!

Join us on our UNITED: KIDS or United Church of Cohoes Facebook pages for new content several times a week, fun contests, video messages from your leaders, Children's Church videos, printable activities, Nursery story time with Gramma Kathie, and Midweek Kids Program videos.

How to Reach Us:

We want to connect with YOU

Louisa can be reached by email at
NextGenUCC@gmail.com or by phone at 518-424-2682
(Email or text is often best)



UPSIDE DOWN

JESUS CHANGES EVERYTHING

Parent Cue • K-3 • Week of April 5th



Use this guide to help your family learn how God can help us live with humility. First, watch this video bit.ly/KidsUpsideDownWeek1 Then follow up with the activity below!

MEMORY VERSE

“Don’t do anything only to get ahead. Don’t do it because you are proud. Instead, be humble. Value others more than yourself.”
Philippians 2:3 (NIV)

LIFE APP

HUMILITY:
putting others first by giving up what you think you deserve

BIBLE STORY

Jesus Prays in Gethsemane
Matthew 26:36-56
(Luke 22:39-46, supporting)

BOTTOM LINE

Put others first.



**PARENT
CUE**

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ACTIVITY: WAKE UP, DISCIPLES!

WHAT YOU NEED:

2 index cards or half sheets of paper, a marker

WHAT YOU DO:

Write “true” on one index card and “false” on the other. Set the cards someplace where everyone can reach them. Get everyone ready to play a game! Ask everyone to pretend to be asleep, like the disciples were in today’s story, as Jesus was praying. Read one of the true/false statements below and then say “Wake up, disciples!” Then everyone “wakes up” and tries to be the first to grab the true or false index card, depending on whether or not the statement you just read is true.

For months the Jewish religious leaders had been plotting to kill Jesus. *(True)*
Jesus’ disciples stayed up all night praying in the garden. *(False; they fell asleep)*
Peter promised Jesus he would never turn away from Him. *(True)*
Jesus prayed all night in the Garden of Eden. *(False; Garden of Gethsemane)*
In the garden, Jesus prayed that God’s plan would come true. *(True)*
After Jesus was arrested, His disciples ran away even though they had promised to never leave Him. *(True)*
When the Jewish leaders came to arrest Jesus, He hid in a grove of trees and prayed they wouldn’t find Him. *(False)*
Jesus prayed for God’s plan to come true even if it meant He had to die. *(True)*

TALK ABOUT THE BIBLE STORY:

The disciples were supposed to be keeping watch for Jesus. How do you think Jesus felt when they fell asleep? *(Hurt, sad, like His friends weren’t “there for Him”)*
It can be tough for us to put someone else first, because usually we feel like doing what WE want to do. What’s one way we can put each other first even when we don’t feel like it? *(Use this moment to encourage your kid by talking about something good you’ve seen them do this past week. Give an example of how you’ve seen them put someone else first, and encourage them to think of other ways they can continue to do that this week.)*

PRAYER

Use this prayer as a guide, either after your discussion or right before bed tonight:

“Dear God, right now it feels especially hard to put others first. We need Your help even more to think of someone else’s needs above our own. We know that You hear us when we pray, and You want to help us do hard things like putting others first. Help us be more like Jesus and think of others before we think of ourselves. In Jesus’ name we pray, amen.”

HUMILITY

WEEK 1
K-1st

PUTTING OTHERS FIRST BY GIVING UP WHAT DO YOU THINK YOU DESERVE

BOTTOM LINE: Put others first.

Read Ephesians 4:2

DAY 1

You Go First

Practice putting others first this week by letting people go before you. Think of some of the times at school or at home that you can practice putting someone else first. It could be letting your friend go before you in the lunch line or letting your sibling choose the cookie first. Whatever it is, take a step back and let someone go first.

Ask God to help you put others first this week.

DAY 2

First Place

Grab some paper and some decorating supplies.

Today, you are going to create a first-place award for someone in your home. Think of someone in your home that always puts your needs first, maybe it's mom or dad. Draw them an amazing certificate that shows them how thankful you are that they put you first. Draw a picture of a time they helped you out! Somewhere on the drawing write **The Putting Others First Award**. When finished give your award to the winner. Thank them for all they do for you.

Thank God that He gave you people that put you first.

DAY 3

Putting People First Prayer

When praying, it is nice to pray for everyone else first and yourself last. Think of two people you can pray for today. Say a prayer for them and add yourself to the prayer at the end. Pray something like this:

"Dear God, Thank You so much for (people's names). (Pray something special about each person.) And God, I pray for myself that I can learn to put others first. I love You, God, amen"

Look for ways that you can put others first.

DAY 4

Act It Out

Read this week's Bible verse below and use the actions to help you remember!

Ephesians 4:2 (NIRV)

Don't be proud at all.

(Shake your head back and forth.)

Be completely gentle.

(Hug yourself.)

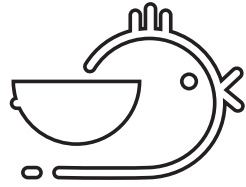
Be patient.

(Tap your wrist like you are wearing a watch.)

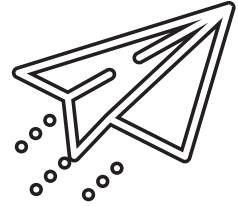
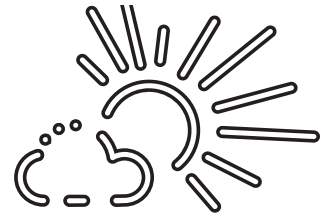
Put up with one another in love.

(Sign "I Love You" by holding up right-hand stick out the thumb, pointer, and pinky fingers while leaving middle and ring finger touching the palm.)

Know that treating others gently, with patience and love, are great examples of putting others first.

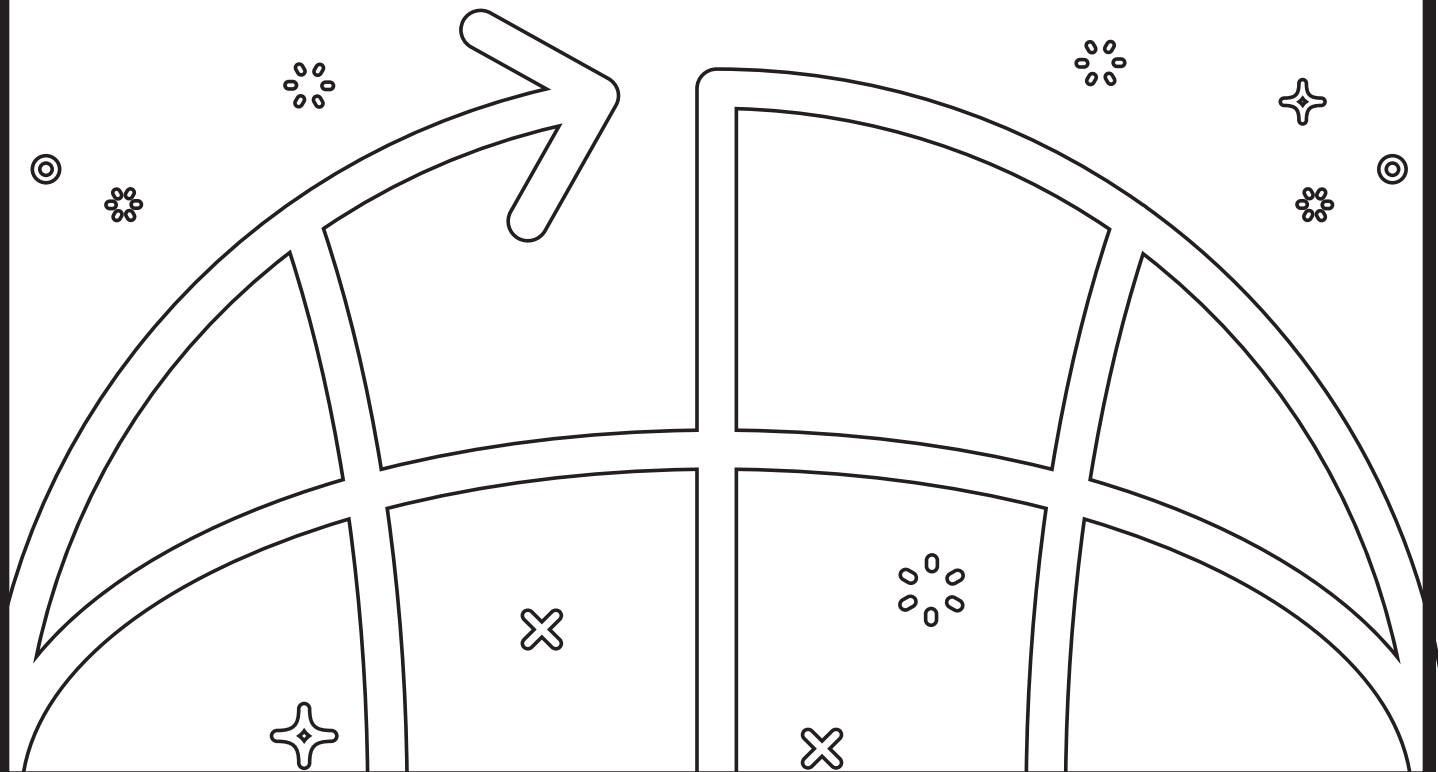


PUT



OTHERS

FIRST.





JESUS CHANGES EVERYTHING

PARENT CUE • PRETEEN • Week of April 5th

Use this guide to help your family learn how God can help us live with humility.

First, watch this video

bit.ly/PreteenUpsideDownWeek1

Then follow up with the activity below!

MEMORY VERSE

“Don’t do anything only to get ahead. Don’t do it because you are proud. Instead, be humble. Value others more than yourself.

Philippians 2:3 (NIV)

LIFE APP

HUMILITY:

putting others first by giving up what you think you deserve

BIBLE STORY

Jesus Prays in Gethsemane
Matthew 26:36-56
(Luke 22:39-46, supporting)

KEY QUESTION

How do you put others first?

ACTIVITY: ALL THE SMALL THINGS (& BIG THINGS)

WHAT YOU NEED:

sticky notes, index cards, or scraps of paper; tape; pen/pencils

WHAT YOU DO:

Talk together about some different ways you can put others first. Here are a few ideas to get you started:

- Letting someone else choose which movie to watch*
- Helping with a chore that’s not your responsibility*
- Holding a door open for someone*
- Taking out trash cans or getting mail for an elderly neighbor*
- Doing schoolwork without complaining*
- Being patient with family members*

What other ideas can you think of?

Write each one on a sticky note, index card, or small scrap of paper. Once you have about seven to 10 ideas, stick them to a wall or lay them out on the floor or table. Ask your kid which idea would be the hardest for them to do, and which one would be the easiest. Then sort the notes into two groups: one for the common examples that tend to come up often, and one for the bigger ideas that might take a bit more planning.

TALK ABOUT THE BIBLE STORY:

- How do you think the disciples felt when they realized they weren’t there for Jesus when He needed them most? (*Guilty, sad that they hurt their friend*)
- How did Jesus put His friends (and all of us) first? (*By dying on the cross to make a way for us to have a relationship with God*)
- How have you put someone else first this past week? (*Use this moment to encourage your kid by talking about something good you’ve seen them do this past week. Give an example of how you’ve seen them put someone else first, and encourage them to think of other ways they can continue to do that this week.*)
- How has someone put YOU first this week?

PRAYER

Use this prayer as a guide, either after your discussion or right before bed tonight:

“Dear God, right now it feels especially hard to put others first. We need Your help even more to think of someone else’s needs above our own. We know that You hear us when we pray, and You want to help us do hard things like putting others first. Help us be more like Jesus and think of others before we think of ourselves. In Jesus’ name we pray, amen.”



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HOW DO YOU PUT OTHERS FIRST?

DAY 5

What are some of your favorite things to do?

To the right, draw a stick figure version of yourself doing them.



Which of these activities would be the hardest for you to let someone else go first, be in charge of, or get their way? Update your stick figure drawing to show what that might look like, putting others first when it comes to your favorite activities.

Now circle one of the activities that you will do today or tomorrow. Decide how you can let someone else go first. If you think it's going to be really hard for you to do, call on someone from the list you made yesterday and ask them to help you by praying for you and encouraging you as you put others first today.

HUMILITY

PUTTING OTHERS FIRST BY GIVING UP WHAT YOU THINK YOU DESERVE

DAY 1

Go to Studio252.tv and watch this week's episode of The So & So Show. (Click on Fun2Watch! then The So & So Show.)

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that . . .

1) YOU LIKED: _____

2) YOU LEARNED: _____

3) YOU'D LIKE TO KNOW: _____

DAY 2

Read Matthew 26:36-44, 53-54

Go back and read Matthew 26:39, 42 and 44. Then fill in the blanks of this summary of Jesus' prayer:

"My Father, if it is possible, let this cup of suffering and death pass from me. But let what you want be done, not what I want."

Three times Jesus prayed that prayer, but ultimately, He chose to put others first above His own life! (Read Matthew 26:53-54.)

DAY 3

When reading Matthew 26, we can uncover a couple of reasons Jesus was likely praying right before He surrendered to Judas and the religious leaders. Matthew writes, "He began to be sad and troubled." And then later we hear His prayer and realize He's asking God to change the plan . . . but if it's not possible, then He is surrendering His will and desires to God's.

Is there something in your life right now that has you sad or troubled? Write a bit about the situation here. _____

If you were to ask God for what you want to happen in this situation, what would that look like? _____

Now use what you wrote above to write a prayer to God, asking for His help in the situation you're facing. End your prayer as Jesus ended His, **"But let what you want be done, not what I want."**

DAY 4

When Jesus surrendered His life to God's will, He wasn't alone. He took some of His closest friends with Him and asked them to stay away and pray for Him.

Choosing to humble yourself to what God or someone else wants isn't easy, and sometimes it takes asking someone else for help.

If you were to assemble a small group of people to hold you accountable for putting others first, who would be in your group?

Pick one or two people from the list you just made and find a way to reach out to them today. Tell them what you've learned this week about humility, and tell them that over the next couple of days, you're going to be putting it into action. Ask them to pray for you, that you'll be able to follow through and truly humble yourself to the needs of others.