

We are glad you are with Hope Today!

You are invited to learn more about us at; **hope4wichita.org**

Hope Kids City; if you have children (Nursery – 5th grade) please take a moment before church to Check them in (at the Kids Table in the Welcome Center). Nursery-K can be in Hope Kids City all hour, 1st-5th grades will be dismissed after our Praise Time.

Giving Options: feel led to share a financial gift with us, you are invited to utilize our online Giving Options from our website www.hope4wichita.org/give/ or text HOPEICT to 833-839-9010 & follow the prompts or 8918 W 21st N, Ste 200 #157, 67205.

Communion: if you have said YES to Jesus – you are invited to participate in Communion (The Lord's Supper). OnSite - you will be invited to visit one of our four Communion locations in the auditorium. OnLine - you are encouraged to get what you have available – cracker or chip and a glass of juice or drink beforehand.

Prayer: if you have a Prayer Need and would like our PrayerTeam to pray for you – please go to our website, click on the 'About' tab and scroll down to the 'Prayer Request' Button. There are also Prayer Partners available to pray with you during Communion.

Pick up an Invite Card: Invite Cards have our address, worship time, QR code to our Website, our Facebook page, and YouTube Channel address. Get one, Give One!

Urban Plunge –Student Summer Experience for Middle School & Sr. High! \$50 Deposits due Today! See Justin.

Snack Pack Items – We prepare 'Zip Lock' bags to give out to Street or Neighborhood Guests as needs arise. Please pick up a shopping list on the Hi-Top table if you wish to donate. Thanks!

Summer Worship Fest – July 12, @5PM. \$10 @ Hope Community Church, Andover. A Benefit Evening for Unstoppable God Ministries. Jake Lauer Band is playing! unstoppablegodministries.org

DATE CHANGE Shower Up @ Hope – A ministry we are launching on S. Broadway beginning Saturday, Aug 2, 9-12. We will do the 1st & 3rd Saturday through October. **Sign Up** in back at the Serve Table for Helping, Praying & Towel Washing.

If you use "TEXT TO GIVE" – Simply text **hope4wichita** to **1-888-364-GIVE** (or 4483). Thank you for your faithfulness!



June 29, 2025



Love God



Grow Together



Serve Others

Give me a BREAK!

6-29-2025

Warm Up: Where is one of your favorite places to rest?

1. What takes up most of your mental, emotion and physical space? The answer may be multiple situations-items.
2. In a 'perfect' world, what would happen to make a significant change in these areas?
3. God understands the demands on you and has established a principle to provide you space to recharge and to refocus. In the Old Testament he commanded the Sabbath for rest and worship. Obedience to this commandment became more important than the intent of the commandment. Fear, restrictions, and the rule were strictly enforced. Read Exodus 20:8-11. What is the rule here?
4. With Jesus' sacrifice, the Commandments were fulfilled but as he was establishing his authority the religious leaders struggled. Read Matthew 12:9-14 & Mark 2:23-28. What insights do you gain about the Sabbath?
5. The principles that Jesus was reenforcing were the need you have for rest and worship. Together they provide the recharging and refocusing necessary to live well. What gets in the way of your practice of each?
6. What do you need to rest well? What do you need worship the Creator and not the creation or the accomplishment?

Facebook.com/hope4wichita

Youtube.com/hopechristianchurchhope4you



www.hope4wichita.org

Text to Give: text **hope4wichita** to **1-888-364-GIVE (4483)**.

Mailing Address: 8918 W. 21st N, Ste 200 #157, Wichita, KS 67205

Building Location: 1650 S. Broadway, Wichita, 67211



NEW GIVING

Give me a BREAK!

You're encouraged to write what God brings to you during today's message.

Word for The Week (NLT)

Those who live in the shelter of the Most High will find rest in the shadow of the Almighty. ² This I declare about the Lord:
He alone is my refuge, my place of safety;
he is my God, and I trust him.

Psalms 91:1-2

Let my soul be at rest again, for the Lord has been good to me.

Psalms 116:7

Take my yoke upon you. Let me teach you, because I am humble
and gentle at heart, and you will find rest for your souls.

Matthew 11:29

So letting your sinful nature control your mind leads to death.
But letting the Spirit control your mind leads to life and peace.

Romans 8:6

Too much activity gives you restless dreams;
too many words make you a fool.

Ecclesiastes 5:3