

# PRAYING FOR YOUR GRANDKIDS

## EPISODE 4: WHEN DO WE PRAY FOR OUR GRANDKIDS?

### look back

First, **LOOK BACK** at the past week by asking, “How did we do?” Begin with prayer, then check in with one another—sharing honestly, celebrating victories, acknowledging struggles, and graciously offering practical help.

 **PRAYER** - Begin with prayer, inviting Jesus into the conversation.

**Then discuss last week’s assignment:**

- Were you able to pray regularly for your grandchildren in the four areas of **salvation and spiritual growth, protection from the evil one, parents and family relationships, and character development**?
- Which of these four areas became more important to you as you prayed?
- Did keeping a focused prayer list change the way you prayed for your grandchildren during the week?

### look up

Next, **LOOK UP** to God’s Word by asking, “What does Jesus want us to know?” If you haven’t already, watch this week’s video: “*When Do We Pray for Our Grandkids?*” Then use the summary, questions, and Scriptures below to draw out the main truths together.

 **WATCH: Episode 4: When Do We Pray for Our Grandkids?**

#### **Episode Summary**

Prayer is not meant to be saved for emergencies. Jesus modeled intentional prayer at the beginning of the day, while Scripture encourages us to pray whenever those we love come to mind, when we need wisdom, and throughout the ordinary moments of life. As we establish consistent time with God and learn to turn to Him throughout the day, prayer becomes more than something we do—it becomes a way of life.

*Prayer is not something we do only in a crisis. It's a way of life.*

#### **HOW TO USE THESE RESOURCES**

Whether you’re studying on your own or with a group, each guide follows a simple yet powerful rhythm: **Look Back / Look Up / Look Forward**. For group leaders, additional instructions for leading a small group are included at the end of the first workbook in each series.

#### **ABOUT THIS STUDY**

Prayer is one of the most powerful ways grandparents can influence the lives of their grandchildren. This four-part series explores why prayer is critical, how we can pray, what we should pray for, and when to pray. Together, we’ll learn to entrust our grandchildren to God, pray for them with greater purpose and confidence, and make prayer a regular part of our spiritual influence in their lives.

#### **WHAT DO YOU THINK?**

1. What most often keeps you from making prayer a consistent priority?
2. How could beginning your day with prayer change the way you approach the people and situations you encounter?
3. How might silently praying in a difficult moment change the way you respond to a child or grandchild?
4. When you don’t know what to say or do, how naturally do you turn to God for wisdom?
5. What would “pray without ceasing” look like in the ordinary rhythms of your daily life?

# Episode Notes

## 1. Pray first thing in the morning.

- Begin the day with God before other demands crowd in.
  - Follow Jesus' example of finding a quiet, solitary place to pray.
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## 2. Pray whenever they come to mind.

- Turn thoughts of your children and grandchildren into opportunities for prayer.
  - Prayers can be brief, simple, and specific.
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## 3. Pray when you are with them.

- Pray silently when they are struggling or when conversations become difficult.
  - Ask God for help before reacting or responding.
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## 4. Pray when you need guidance.

- Bring situations to God when you don't know what to say or do.
  - Trust Him to provide the wisdom you need.
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## 5. Pray without ceasing.

- Develop an ongoing attitude of prayer throughout the day.
  - Let prayer become a way of life.
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## WHAT DOES GOD'S WORD SAY?

### KEY SCRIPTURE

**Mark 1:35** - “Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.” Even Jesus intentionally set aside quiet, uninterrupted time for prayer. His example reminds us to make prayer a priority rather than waiting to see whether we can fit it into the day.

### SUPPORTING SCRIPTURE

**1 Thessalonians 5:16-18** - “Rejoice evermore. Pray without ceasing. In every thing give thanks: for this is the will of God in Christ Jesus concerning you.” Prayer is more than a scheduled activity. We can live with an ongoing awareness of God’s presence, turning to Him throughout the day with our gratitude, concerns, needs, and prayers for those we love.



Finally, **LOOK FORWARD** by asking, “What does Jesus want us to do?” Commit to practical steps for living out this week’s lesson. Review the assignment, share commitments with the group, pray for one another, and move forward together in faith and hope.

### ADDITIONAL REFERENCES

Philippians 1:3–4  
James 1:5  
Philippians 4:6  
Matthew 6:6–8

### THIS EPISODE’S ASSIGNMENT

This week, practice turning prayer into a **way of life**.

Begin each day by setting aside intentional time with God before the demands of the day crowd in. Use that time to pray specifically for your children, grandchildren, and NextGen loved ones.

Then, throughout the day, **let every time they come to mind become a reminder to pray**. You don’t need to stop everything or pray at length. Simply turn the thought into a brief prayer—giving thanks, asking for protection, seeking wisdom, or bringing a specific need before God.

At the end of the week, reflect on whether beginning the day with prayer made it easier to remain prayerful throughout the day.

### PERSONAL GROWTH COMMITMENTS



- What has God laid on my heart?
- What is the Holy Spirit leading me to change?
- What will I do in my own life, in my relationships, and to reach NextGen loved ones?

### SHARE WITH THE GROUP



Encourage sharing commitments, prayer needs, and real-life stories. Close in prayer, asking God to help you begin each day with Him and turn to Him throughout the day.

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