

PRAYING FOR YOUR GRANDKIDS

EPISODE 1: WHY IS PRAYER CRITICAL FOR OUR GRANDKIDS?

look back

First, **LOOK BACK** at the past week by asking, “How did we do?” Begin with prayer, then check in with one another—sharing honestly, celebrating victories, acknowledging struggles, and graciously offering practical help.

 **PRAYER** - Begin with prayer, inviting Jesus into the conversation.

Since this is the first episode in this series, take time to:

- Share what brought you to this study and what you hope to gain.
- Talk about how prayer currently fits into your relationship with your grandchildren.
- Ask God to deepen your trust in Him and teach you to pray faithfully for the NextGens you love.

look up

Next, **LOOK UP** to God’s Word by asking, “What does Jesus want us to know?” If you haven’t already, watch this week’s video: “*Why Is Prayer Critical for Our Grandkids?*” Then use the summary, questions, and Scriptures below to draw out the main truths together.

 **WATCH: Episode 1: Why Is Prayer Critical for Our Grandkids?**

Episode Summary

Prayer is critical because our grandchildren need what only God can provide. We cannot change their hearts, protect them everywhere they go, or control what happens in their lives—but God can work where we cannot. Jesus Himself modeled a life fueled by prayer and continues to intercede for us. When we faithfully pray for our grandchildren, we can release the pressure to fix everything ourselves and entrust them to the God who knows them, loves them, and is always at work.

Prayer takes the pressure off us and puts it back on God.

HOW TO USE THESE RESOURCES

Whether you’re studying on your own or with a group, each guide follows a simple yet powerful rhythm: **Look Back / Look Up / Look Forward**. For group leaders, additional instructions for leading a small group are included at the end of the first workbook in each series.

ABOUT THIS STUDY

Prayer is one of the most powerful ways grandparents can influence the lives of their grandchildren. This four-part series explores why prayer is critical, how we can pray, what we should pray for, and when to pray. Together, we’ll learn to entrust our grandchildren to God, pray for them with greater purpose and confidence, and make prayer a regular part of our spiritual influence in their lives.

WHAT DO YOU THINK?

1. Why is it sometimes easier to give advice, worry, or try to fix a problem rather than to entrust it to God in prayer?
2. Why can’t our own efforts produce spiritual transformation in the lives of our grandchildren? How should that shape the way we influence them?
3. How can the desire to protect our grandchildren become unhealthy or prevent them from developing spiritual strength?
4. What worries or pressures concerning your grandchildren are you carrying that belong in God’s hands?
5. How does Jesus’ own dependence on prayer change the way you think about the importance of praying for your grandchildren?

Episode Notes

1. Prayer is our only good option

- We cannot change another person's heart through our own efforts.
 - Only the Spirit of God can bring true spiritual transformation.
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2. Prayer protects our grandchildren

- We cannot be everywhere our grandchildren go or protect them from every danger.
 - Prayer entrusts them to God's presence and protection.
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3. Prayer takes the pressure off us

- We are limited; God is all-knowing, all-powerful, all-wise, and ever-present.
 - We can release our worries and trust God with what we cannot control.
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4. Jesus shows us the power of prayer

- Prayer fueled Jesus' earthly ministry.
 - Jesus continues to intercede for us, and the Holy Spirit helps us pray.
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WHAT DOES GOD'S WORD SAY?

John 3:6 - “Flesh gives birth to flesh, but the Spirit gives birth to spirit.” We cannot produce spiritual transformation through human effort. Only God’s Spirit can change hearts.

SUPPORTING SCRIPTURE

Philippians 4:6-7 - “Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” Fear causes us to want to control the situation, which can lead to manipulation. Prayer gives a peace that keeps us from getting in God’s way.



Finally, **LOOK FORWARD** by asking, “What does Jesus want us to do?” Commit to practical steps for living out this week’s lesson. Review the assignment, share commitments with the group, pray for one another, and move forward together in faith and hope.

ADDITIONAL REFERENCES

Luke 5:16
John 17:9
Hebrews 7:25
Romans 8:26

THIS EPISODE’S ASSIGNMENT

This week, **turn your worries into prayers.**

Write down the names of each of your grandchildren or NextGen loved ones. Beside each name, identify **one concern, burden, or situation you have been carrying that you cannot control or change yourself.**

Each day, intentionally bring those names and concerns before God. Rather than trying to solve the problem in your own strength, turn it into prayer and entrust the outcome to Him.

Pay attention to the moments when worry or the desire to take control returns. Let those moments become reminders to pray. At the end of the week, reflect on whether intentionally placing these concerns in God’s hands changed the way you carried them.

PERSONAL GROWTH COMMITMENTS



- What has God laid on my heart?
- What is the Holy Spirit leading me to change?
- What will I do in my own life, in my relationships, and to reach NextGen loved ones?

SHARE WITH THE GROUP



Encourage sharing commitments, prayer needs, and real-life stories. Close in prayer, asking God to help you entrust your grandchildren to Him.



ESSENTIALS FOR LEADING A SMALL GROUP

These principles help create a safe, encouraging environment where everyone can grow and connect:

- **Begin with Prayer** – Invite Jesus into the meeting and ask for His guidance.
- **Create a Welcoming Setup** – Sit in a circle so everyone can see each other.
- **Facilitate, Don't Lecture** – Guide the conversation using thoughtful, Scripture-based questions.
- **Stay on Mission** – Gently redirect if conversation drifts into unrelated topics or personal debates.
- **Model Grace & Openness** – Be transparent about your own journey and set expectations for confidentiality.
- **Build Relationships** – Include social time before or after the session.
- **Follow the Look Back / Look Up / Look Forward Rhythm** – Celebrate progress, offer grace for struggles, and encourage one another as you grow together.



Explore additional resources and upcoming events at LegacyImperative.org. If this series blesses you, please share it—and consider helping us reach more families by clicking the donate button.