


TIME AND AVAILABILITY

EPISODE 2: THE POWER OF 1,000 MOMENTS

look back

First, **LOOK BACK** at the past week by asking, “How did we do?” Begin with prayer, then check in with one another—sharing honestly, celebrating victories, acknowledging struggles, and graciously offering practical help

 **PRAYER** - Begin with prayer, inviting Jesus into the conversation.

Follow Up on Last Episode’s Assignment

Last week you scheduled intentional, distraction-free time with a child or grandchild and focused on having at least seven minutes of meaningful conversation.

- What did you notice about the difference between surface conversation and deeper conversation?
- How did your child or grandchild respond to your focused attention?
- What went well during that time, and what felt challenging?
- Did anything surprise you about the experience?

look up

Next, **LOOK UP** to God’s Word by asking, “What does Jesus want us to know?” If you haven’t already, watch this week’s video: “*Time & Availability: The Power of 1,000 Moments*.” Then use the discussion questions and Scriptures to draw out the main truths together.

 **WATCH: Episode 2: The Power of 1,000 Moments**

 **Additional Episode Notes on Page 2**

Episode Summary

Lasting influence is not built on a few big moments, but on many small ones. In a fast-paced and distracted world, God invites us to embrace brief, intentional interactions that add up over time. When those moments are filled with love, guided by the Holy Spirit, and rooted in faith, they become powerful seeds that shape the next generation.

Better to make the most of small moments, than to wait around for the so-called right moment.

HOW TO USE THESE RESOURCES

Whether you’re studying on your own or with a group, each guide follows a simple yet powerful rhythm: **Look Back / Look Up / Look Forward**. For group leaders, additional instructions for leading a small group are included at the end of the first workbook in each series.

ABOUT THIS STUDY

This series helps believers engage conversations about faith and science with humility, curiosity, and confidence in God’s truth. Each episode explores how Scripture and genuine scientific discovery can complement rather than contradict one another. The goal is not to win debates, but to listen well, ask good questions, and show the harmony between God’s Word and God’s world. The final study guide in this series includes **Discussion Starters** designed to help you share these videos and discuss faith and science with your children, grandchildren, and friends.

WHAT DO YOU THINK?

1. Do you feel like you’re able to consistently connect with your children or grandchildren in small, everyday moments? What has that looked like recently?
2. In what ways have you seen how small interactions—like a short conversation or a simple message—can make a meaningful impact?
3. When your children or grandchildren think about time spent with you, how do you hope they experience and remember your presence in their lives?
4. How does the idea that small moments can add up over time shape the way you think about your role and influence in their lives?
5. In what ways do you want your everyday interactions to reflect Jesus in the lives of your children or grandchildren?



Episode Notes

1. Small Moments Saturated With Love Are Powerful

2. You Can't Have A Harvest Without Planting Seeds

3. Use Technology To Our Advantage

- Send regular short texts (2-3 lines, simple encouragement)
- Send an Instagram or relatable post
- Forward a short video that is engaging and thought-provoking
- Send a message and ask to pray for them, follow up later
- Download our app and share an Amazing Story
- Call them on the phone or connect through video calls



