

EQUIPPING SERIES

EPISODE 2:

LISTENING, PRAYER, AND PATIENCE

look back

First, **LOOK BACK** at the past week by asking, “How did we do?” Begin with prayer, then check in with one another—sharing honestly, celebrating victories, acknowledging struggles, and graciously offering practical help.

 **PRAYER** - Begin with prayer, inviting Jesus into the conversation.

Follow Up on Last Week's Assignment

Last week you set aside time to grow closer to Jesus and shared a personal insight with someone younger.

- As you read from the Gospels this week, what most impressed you about Jesus?
- Share the one-sentence purpose statement you wrote for your fourth quarter.
- How do you sense God leading you to live out that purpose with your children and grandchildren?

look up

Next, **LOOK UP** to God's Word by asking, “What does Jesus want us to know?” If you haven't already, watch this week's video: “*Equipping Series: Listening, Prayer, and Patience*.” Then use the “What Do You Think?” and “What Does God's Word Say?” sections to draw out the main truths together.

 **WATCH: Equipping Series: Listening, Prayer, and Patience**

 **Additional Episode Notes on Page 2**

Episode Summary

Listening, prayer, and patience are essential tools for building gospel bridges to the next generation. Careful listening opens hearts, persistent prayer engages the real spiritual battle, and patient love reflects the heart of God. Together, these practices help grandparents move from anxious fixing to Spirit-led influence.

HOW TO USE THESE RESOURCES

Whether you're studying on your own or with a group, each guide follows a simple yet powerful rhythm: **Look Back/ Look Up / Look Forward**. For group leaders, additional instructions for leading a small group are included at the end of the first workbook in each series.

WHAT DO YOU THINK?

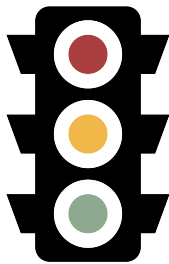
1. Listening well takes intention and humility. What specific habits could help you become a better listener this week?
2. Viewing struggles with your family as a spiritual battle changes the way you pray and interact with them. Can you share a time when prayer accomplished what words and actions could not?
3. The father in the Parable of the Prodigal Son waited with open arms. Where in your family relationships is God asking you to show that kind of patient love right now?
4. The “traffic light” approach—green (open), yellow (uncertain), red (resistant)—helps us gauge when to speak or stay silent. How could this guide the way you talk about faith with a next-generation loved one?
5. Which of these three—listening, prayer, or patience—needs the most attention in your life today, and what specific step will you take this week to grow in it?

Episode Notes

1. LISTENING

2. PRAYER

3. PATIENCE



- **Red Light.** They shut down or resist—pull back, love unconditionally, and wait for another chance.
- **Yellow Light.** They seem uncertain—slow down, ask questions, build trust.
- **Green Light.** They're open and asking—go deeper.



WHAT DOES GOD'S WORD SAY?

KEY VERSES

James 1:19 (NIV) – “My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry.” True wisdom starts with listening—both to God and to others—before reacting.

SUPPORTING VERSE

Philippians 4:6–7 (NIV) – “Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” Persistent, thankful prayer invites God’s peace into every circumstance.

ADDITIONAL REFERENCES

Psalm 46:10
Isaiah 40:31
Luke 11:9–10
Romans 12:12



Finally, **LOOK FORWARD** by asking, “What does Jesus want us to do?” Commit to practical steps for living out this week’s lesson. Review the assignment, share commitments with the group, pray for one another, and step forward together with faith and hope.

THIS WEEK’S ASSIGNMENT

Choose one grandchild (or another younger person) and schedule an intentional time to listen without distraction—perhaps a phone call, a walk, or a quiet visit. Ask open questions about their hopes, struggles, and joys, and commit to pray daily for what they share. **Extra Credit:** Continue your journey through the Gospels.

PERSONAL GROWTH COMMITMENTS



- What has God laid on my heart?
- What is the Holy Spirit leading me to change?
- What will I do in my own life, in my relationships, and to reach next-gen loved ones?

SHARE WITH THE GROUP



Encourage sharing commitments, prayer needs, and real-life stories.
Close with prayer.

