

# EQUIPPING SERIES

## EPISODE 1: IT'S ALL ABOUT JESUS

### look back

First, **LOOK BACK** at the past week by asking, “How did we do?” Begin with prayer, then check in with one another—sharing honestly, celebrating victories, acknowledging struggles, and graciously offering practical help.

 **PRAYER** - Begin with prayer, inviting Jesus into the conversation.

**Since this is the first episode of the Equipping Series, take time to:**

- Share what brought you here and why you decided to begin this series.
- Talk about the challenges you face as a grandparent (or “grandperson”).
- Reflect on what you hope to gain from these episodes.
- Share what motivates you to leave a spiritual legacy for the next generation.

### look up

Next, **LOOK UP** to God’s Word by asking, “What does Jesus want us to know?” If you haven’t already, watch this week’s video: “*Equipping Series: It’s All About Jesus*.” Then use the “What Do You Think?” and “What Does God’s Word Say?” sections to draw out the main truths together.

 **WATCH: Equipping Series: It’s All About Jesus**

 **Additional Episode Notes on Page 2**

### **Episode Summary**

Knowing Jesus personally is the heart of Christian faith. Paul’s life demonstrates that the goal is not religious performance but a living relationship with Christ whose resurrection power transforms us and the next generation.

### **HOW TO USE THESE RESOURCES**

Whether you’re studying on your own or with a group, each guide follows a simple yet powerful rhythm: **Look Back/ Look Up / Look Forward**. For group leaders, additional instructions for leading a small group are included at the end of the first workbook in each series.

### **WHAT DO YOU THINK?**

1. Do you have a personal purpose statement? Would you be willing to share it?
2. How can you communicate your God-given purpose to your children and grandchildren so they see faith as genuine and central to your life?
3. In what ways are you currently modeling a vibrant, authentic relationship with Christ that makes your grandchildren or other young people curious about following Jesus?
4. The “power of His resurrection” is offered to every believer. Where have you experienced that power, and how might you share that story with a grandchild?
5. Paul persevered through suffering because of his hope in Christ. How can your own story of perseverance become a bridge to someone younger who is struggling?

# Episode Notes

## 1. PURPOSE

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## 2. A PERSON

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## 3. POWER

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## 4. PERSEVERANCE

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## 5. PERFECTION

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## 6. PERPETUAL RELATIONSHIP

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## WHAT DOES GOD'S WORD SAY?

### KEY VERSES

**Philippians 3:10–11 (NIV)** – “I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death, and so, somehow, attaining to the resurrection from the dead.”

Paul models a faith centered on knowing Jesus personally and sharing His resurrection power.

### SUPPORTING VERSE

**Romans 8:11 (NIV)** – “And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you.”

The same Spirit who raised Jesus lives in you, empowering a transformed life that draws the next generation to Him.

### ADDITIONAL REFERENCES

2 Corinthians 4:7–18  
Romans 8:28–30  
1 Corinthians 15:50–58



Finally, **LOOK FORWARD** by asking, “What does Jesus want us to do?” Commit to practical steps for living out this week’s lesson. Review the assignment, share commitments with the group, pray for one another, and step forward together with faith and hope.

### THIS WEEK’S ASSIGNMENT

Each day this week, **read two chapters from the Gospels** and spend time in prayer. Journal what you are learning about Jesus—His character, His mission, and His love for us. At the end of the week, **write a one-sentence purpose statement** for your fourth quarter of life that reflects how you will know Christ and influence the next generation.

### PERSONAL GROWTH COMMITMENTS



- What has God laid on my heart?
- What is the Holy Spirit leading me to change?
- What will I do in my own life, in my relationships, and to reach next-gen loved ones?

### SHARE WITH THE GROUP



Encourage sharing commitments, prayer needs, and real-life stories. Close with prayer.

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## ESSENTIALS FOR LEADING A SMALL GROUP

**These principles will help create a safe, encouraging environment where everyone can grow and connect:**

- **Begin with Prayer** – Invite Jesus into the meeting and ask for His guidance. Prayer can also help refocus if discussion drifts or stalls.
- **Create a Welcoming Setup** – Sit in a circle so everyone can see each other. Affirm contributions and foster an atmosphere where every question and comment is welcomed without judgment.
- **Facilitate, Don't Lecture** – Guide the conversation using thoughtful, Scripture-based questions. Aim for participants to do most of the talking while you model active listening.
- **Stay on Mission** – Gently redirect if conversation strays into politics or unrelated topics, keeping focus on the greater purpose of reaching and discipling the next generation.
- **Model Grace & Openness** – Be transparent about your own journey, admit you don't have all the answers, and set expectations for confidentiality, respect, and grace.
- **Build Relationships** – Include some social time before or after the episode to strengthen trust and connection.
- **Follow the Look Back / Look Up / Look Forward Rhythm** – Stick to the format for balance, and practice compassionate accountability—celebrating progress and offering grace for struggles.



Explore additional resources and upcoming events at [LegacyImperative.org](https://LegacyImperative.org). If this series blesses you, please share it—and consider helping us reach more families by clicking the donate button.