

# • NOTES FOR THE JOURNEY •

Lent at Our Saviour Lutheran Church

# PRELUDE

#### **WELCOME & ANNOUNCEMENTS**

#### **MEDITATION**

#### **CONFESSION AND FORGIVENESS**

Blessed be the holy Trinity, (+) one God, who writes the law on our hearts, who draws all people together through Jesus. Amen.

Held in God's mercy, let us confess our sin in the presence of God and of one another.

Holy God, we confess that we are caught in snares of sin and cannot break free. We hoard resources while our neighbors are hungry and cold. We speak in ways that silence others. We are silent when we should speak up. We keep score in our hearts. We let hurts grow into hatred. For all these things and for sins only you know, forgive us, Lord. Amen.

Here is a flood of grace: Out of love for the whole world, God draws near to us, breaks every snare of sin, washes away our wrongs, and restores the promise of life through (+) Jesus Christ. Amen.

#### **GATHERING SONG - Gather Us In ELW 532**

#### THE APOSTOLIC GREETING

*Pastor:* The grace of our Lord Jesus Christ, the love of God and the communion of the Holy Spirit be with you all.

People: And also with you.

#### **KYRIE**

Pastor: In peace, let us pray to the Lord.

People: Lord, have mercy.

*Pastor:* For the peace from above, and for our salvation, let us pray to the Lord. *People:* Lord, have mercy.

*Pastor:* For the peace of the whole world, for the well-being of the church of God, and for the unity of all, let us pray to the Lord.

People: Lord, have mercy.

*Pastor:* For this holy house, and for all who offer here their worship and praise, let us pray to the Lord.

People: Lord, have mercy.

*Pastor:* Help, save, comfort, and defend us, gracious Lord. *People:* **Amen. Amen.** 

# THE PRAYER OF THE DAY

*Pastor:* O God, by the passion of your blessed Son you made an instrument of shameful death to be for us the means of life. Grant us so to glory in the cross of Christ that we may gladly suffer shame and loss for the sake of your Son, Jesus Christ our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.** 

# THE FIRST READING: 1 Peter 2:11-17

Beloved, I urge you as aliens and exiles to abstain from the desires of the flesh that wage war against the soul. Conduct yourselves honourably among the Gentiles, so that, though they malign you as evildoers, they may see your honourable deeds and glorify God when he comes to judge.

For the Lord's sake accept the authority of every human institution, whether of the emperor as supreme, or of governors, as sent by him to punish those who do wrong and to praise those who do right. For it is God's will that by doing right you should silence the ignorance of the foolish. As servants of God, live as free people, yet do not use your freedom as a pretext for evil. Honour everyone. Love the family of believers. Fear God. Honour the emperor.

Here ends the reading. Word of God, Word of Life *People:* **Thanks be to God.** 

# THE PSALM: Psalm 22:23-31 (Read responsively by half verse.)

You who fear the Lord, praise him! All you offspring of Jacob, glorify him; stand in awe of him, all you offspring of Israel!

For he did not despise or abhor the affliction of the afflicted; he did not hide his face from me, but heard when I cried to him.

From you comes my praise in the great congregation; my vows I will pay before those who fear him. The poor shall eat and be satisfied; those who seek him shall praise the Lord. May your hearts live for ever!

All the ends of the earth shall remember and turn to the Lord;

# and all the families of the nations shall worship before him.

For dominion belongs to the Lord, and he rules over the nations.

To him, indeed, shall all who sleep in the earth bow down; before him shall bow all who go down to the dust, and I shall live for him.

Posterity will serve him; future generations will be told about the Lord,

and proclaim his deliverance to a people yet unborn, saying that he has done it.

# THE CHILDREN'S SERMON - Heather Lussier

# THE GOSPEL ACCLAMATION – O Jesus, Joy of Loving Hearts - ELW 658 v. 1

O Jesus, joy of loving hearts, the fount of life, the light of all: from every bliss that earth imparts we turn, unfilled, to hear your call.

# THE HOLY GOSPEL: Mark 8:31-38

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.'

He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.'

*Pastor:* The Gospel of the Lord *People:* **Praise to you, O Christ** 

**THE SERMON:** Sojourners: Notes for the Journey Living a Life of Influence Pastor Frank Waugh

# THE HYMN OF THE DAY - Here I Am Lord ELW 574

#### **PROFESSION OF FAITH**

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

#### THE PRAYERS OF INTERCESSION

THE PEACE

#### THE OFFERING

#### **THE OFFERING RESPONSE - Create in Me a Clean Heart ELW 186**

Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from your presence and take not your Holy Spirit from me. Restore to me the joy of your salvation, and uphold me with your free Spirit.

#### THE OFFERTORY PRAYER

Jesus, you are the bread of life and the host of this gathering. Bless these gifts that we have gathered that all people may know your goodness. Feed us not only with holy food but fill us with a hunger for justice and peace for all. We pray this in your name. **Amen.** 

#### THE GREAT THANKSGIVING

*Pastor:* The Lord be with you. *People:* **And also with you.** 

*Pastor:* Lift up your hearts. *People:* **We lift them to the Lord.**  *Pastor:* Let us give thanks to the Lord our God. *People:* **It is right to give our thanks and praise.** 

**THE PREFACE** (Sung by Pastor)

# THE SANCTUS

Holy, holy, holy Lord. God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

# THE WORDS OF INSTITUTION

# THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread; And forgive us our trespasses, as we forgive those who trespass against us;

And lead us not into temptation but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

# **INVITATION TO COMMUNION**

This is bread for the journey, a feast for hungry hearts. Come, the table is now ready!

# **COMMUNION SONGS**

#### Jesus Remember Me

Jesus remember me, when you come into your kingdom. Jesus remember me, when you come into your kingdom. (Repeat)

# THE COMMUNION PRAYER

Generous God, at this table we have tasted your immeasurable grace. As grains of wheat are gathered into one bread, now make us a people of one loaf to feed the world; in the name of Jesus, the Bread of life. Amen.

# THE BLESSING

Beloved, we are God's own people, holy, washed, and renewed. God bless you and keep you, shower you with mercy, fill you with courage, and (+) give you peace. **Amen.** 

# **THE SENDING SONG - Lead Me to the Cross**

#### THE DISMISSAL

Go in peace. Share the bread. **Thanks be to God.** 

#### POSTLUDE